

34<sup>rd</sup> ALMOST ANNUAL  
**PATRIOT CROSS COUNTRY INVITATIONAL**  
7 HILLS REC & HILLSIDE MIDDLE SCHOOL  
SATURDAY SEPTEMBER 24, 2022

**COACHES' NOTES**

HAVE RUNNERS PIN ASSIGNED RACE NUMBER  
ON FRONT OF RACE SINGLET, THE BIBS HAVE  
EMBEDDED CHIP

Race Schedule

- 8:30 am Middle School Boys (all runners)**  
**9:00 am Middle School Girls (all runners)**  
**9:45 am Men's High School Varsity (*TEAMS MAY RUN UP TO 9 RUNNERS*)**  
**10:30 am Ladies' High School Varsity (*TEAMS MAY RUN UP TO 9 RUNNERS*)**  
**11:15 am Combined Open Race (all teams)**

**TEAMS MAY RUN UP TO 9 RUNNERS TEAM IN VARSITY RACE**

**MEN'S VARSITY**

1. BEDFORD/
2. LORAIN
3. JOHN ADAMS
4. VALLEY FORGE
5. CLEV CENT CATHOLIC
6. BRUSH
7. NORMANDY
8. ELYRIA
9. NORTH RIDGEVILLE
10. BAY
11. PARMA
12. MADISON
13. BEREAMIDPARK
14. HOLY NAME
15. MIDVIEW
16. HEARTS 4 JESUS
17. TRINITY
18. WEST SIDE CHRISTIAN ACAD
19. MAPLE HTS
20. NEO PREP
21. RHODES
- 22.
- 23.

**LADIES' VARSITY**

- 1.
2. MAPLE HTS
3. ELYRIA
4. JOHN ADAMS
5. NORMANDY
6. VALLEY FORGE
7. MADISON
8. PARMA
9. NORTH RIDGEVILLE
10. LORAIN
11. MIDVIEW
12. RHODES
13. BRUSH
14. HOLY NAME
15. BEREAMIDPARK
16. HEARTS 4 JESUS
17. TRINITY
18. BEDFORD
19. WEST SIDE CHRISTIAN
20. NEO PREP
- 21.
- 22.
- 23.

**MIDDLE SCHOOL BOYS**

4. GREENBRIAR
5. SHILOH
6. HILLSIDE
7. BRECKSVILLE
8. HEARTS 4 JESUS
9. MIDVIEW
10. WESTSIDE ACAD
11. WESTWOOD
12. JOHNNIE WISON

**MIDDLE SCHOOL GIRLS**

4. HILLSIDE
5. GREENBRIAR
6. SHILOH
7. BRECKSVILLE
8. MIDVIEW
9. HEARTS FOR JESUS
10. WEST SIDE ACAD
11. WESTWOOD
12. JOHNNIE WILSON

1. **THANKS TO 7 HILLS REC DEPT & HILLSIDE MID SCHOOL FOR HELPING US HOLD OUR MEET HERE FOR THE FIRST TIME**
2. **RIBBONS & MEDALS WILL BE GIVEN AT END OF CHUTE**
3. **TEAM AWARDS PRESENTED AT THE CONCLUSION OF THE RACE**
4. **NO CAMPS OR HANGO-OUTS IN BUILDINGS**
5. **PLEASE REMIND RUNNERS THAT BATHROOMS ARE IN THE REC CENTER & IN HILLSIDE MIDDLE SCHOOL NEAR THE MARKED BACK DOORS**
6. **NO SPIKES IN THE BUILDINGS ....PLEASE!!!**
7. **MAKE SURE CAMP AREA IS CLEAN AND FREE OF TRASH AND BELONGS AFTER THE MEET.**
8. **WE HAVE BEEN ASKED FOR PARENTS & SPECTATORS TO PARK AT HILLSIDE MIDDLE SCHOOL AND NOT AT THE RECREATION CENTER.**
9. **THERE WILL BE A CONCESSION STAND LOCATED AT THE PAVILLION NEAR THE FINISH LINE, THERE WILL BE A LINK TO BUY A T-SHIRT.**

## **TRADITION MEET HISTORY**

**MEN'S CHAMPIONSHIPS** : HOLY NAME 12, NORMANDY 11, PARMA 4, PADUA 4, VF 2

**LADIES' CHAMPS** : HOLY NAME 25, PARMA 2, GARFIELD HTS 1, NORMANDY 2,  
PADUA 2, VF 1

**MULTIPLE CHAMPS** : S. LINDEN (NORMANDY), R. ELLIS (PARMA), D. SHARMA (VF), BRASSIE (PADUA), T. LOSETTO (PARMA) (2 EACH). **GIRLS** : L. THOMAS (GARFIELD HTS) , A. DiNAPOLI (VF), S. KOVATCH (VF) (3 EACH); B. TRELA (PARMA), S. ERSKINE (RHODES), L. BORSZ (HOLY NAME) (2 EACH)

**COURSE RECORDS** : VARIOUS COURSES, **ROCKY ELLIS (PARMA) = 16:21,**  
**SEDIAH ERSKINE (RHODES) = 19:26**