

Vinton County Cross Country Invitational

Vinton County High School

Saturday, August 31, 2019

Dear Athletic Directors and Coaches,

Vinton County High School will be hosting a cross country meet on Saturday, August 31, 2019. The meet will be held on the grounds around Vinton County High School and Vinton County Middle School. The cost of the meet is \$35 per team with a maximum cap of \$100 per school. If there are less than 5 runners per team, then the cost is \$10 per runner. Checks can be made out to Vinton County High School. There will be four races (MS Boys/MS Girls/HS Boys/HS Girls). We will be awarding team plaques to the first, second, and third place teams in each race. Plaques will be awarded to the first place runners in each race. Medals will be given to places 2-21. Ribbons will be given to places 22-50.

The high school races will be 5000 meters, and the middle school races will be 2 miles. Our course is moderately challenging and very spectator friendly. To help avoid the heat of late summer, we will begin the meet at 9:00. Middle school girls will run at 9:00, middle school boys at 9:30, high school girls at 10:00, and the high school boys at 10:45.

There will be a 1 mile open youth run at 8:30. Entry into the race is free for all participants, but there is an admission charge into the meet for parents/guardians.

Admission to the meet will be \$5 per adult and \$4 per student. All spectator vehicles will park in the lot at the high school, which is next to the track and tennis courts. Buses will unload and park in the parking lot between the high school and the middle school. Team camps can be set up in the grassy area next to the high school or in the yard next to the middle school (as long as they are not in the way of the course). No tents/team camps will be allowed on top of the hill. Packets can be picked up at the finish line on top of the hill.

Concessions will be available, and t-shirts will be for sale.

Terry Young will be providing the timing services again this year.

All entries will be completed on www.baumspage.com. The entry window will open at 1:00 A.M. on Sunday, August 18 and will close at 12:00 P.M. on Friday, August 30.

If you have any questions, feel free to contact me.

Sincerely,

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