

2020 WCAL Cross Country Championship
Creston Community Park

175 N. Main Street, Creston OH 44217

Saturday, October 17, 2020 at the Creston Community Park

- Course will be marked and maps will be provided

ROSTERS:

- Please send your roster to brwest@norwayne.net using Excel.
- Please include the following information: *team, runner's name, runner's grade, Division (HS Boys, HS Girls, MS Boys, MS Girls)*
- Email by Friday, October 16 at 3:00 pm with any additions or scratches from your roster.
(Changes can be made the morning of the race as well.)
- Each runner will get a race bib with timing chip that will be used during the race. All bibs **MUST** be turned back in after the race. Vertical Runner will be timing and scoring the meet.

SCHEDULE:

8:30	Coach's Meeting
9:00	High School Girls (All Runners)
9:30	High School Boys (All Runners)
10:00	Middle School Girls (All Runners)
10:30	Middle School Boys (All Runners)

AWARDS:

- High School Boys and Girls: Team Champion Trophy, Meet MVP Trophy, COY Plaque, Plaques for places 1-7 (1st Team WCAL)
- Middle School: Team Trophy, Ribbon for places 1-10
- After the High School Races, ALL coaches need to meet at the finish line to determine the meet MVP's.

OTHER:

- Concessions will not be available
- T-Shirts will be on sale

Contact Brian West with any questions: brwest@norwayne.net (330) 465-6514