



## **2021 WCAL Cross Country Championship**

### **Waynedale High School**

9050 Dover Rd, Apple Creek, OH 44606

*Saturday, October 16, 2021*

#### **ROSTERS:**

- Please send your roster to [jzollars@waynedale.us](mailto:jzollars@waynedale.us) using Excel format.
- Please include the following information: *team, runner's name, runner's grade, Division (HS Boys, HS Girls, MS Boys, MS Girls)*
  - Please submit rosters by Wednesday, October 13th  
(Changes can be made the morning of the race as well.)
- Each runner will get a race bib with timing chip that will be used during the race. All bibs MUST be turned back in after the race. Mid-Ohio Race Management will be timing and scoring the meet.

#### **SCHEDULE:**

8:30	Coach's Meeting
9:00	High School Girls (All Runners)
9:30	High School Boys (All Runners)
10:00	Middle School Girls (All Runners)
10:30	Middle School Boys (All Runners)

#### **AWARDS:**

- High School Boys and Girls: Team Champion Trophy, Meet MVP Trophy, COY Plaque, Awards for places 1-10 (1<sup>st</sup> Team WCAL)
- Middle School: Rotating Team Trophy, Awards for places 1-10
- After the High School Races, ALL coaches need to meet at the finish line to determine the meet MVP's.

#### **OTHER:**

- Concessions will be open
- T-Shirts will be on sale \$15