



Watkins Memorial Wrestling Tournament

Two certified athletic trainers (AT) will be available in the main gym for the meet.

The athletic training staff will be available in the athletic training room at 8:30 AM for taping prior to the meet starting.

For your convenience, first aid materials will be available in boxes at each of the score tables in the main gym. Injury ice will also be available in the main gym.

* * This is a friendly reminder that medical documentation requesting treatment for pre-existing injuries is required, including **taping** (i.e., your school athletic trainer should provide a note with the name of the athlete(s) and the service(s) to be provided by the host athletic trainer(s) present at time of treatment.) Your school athletic trainer may contact us directly prior to the meet with this information, as well. **Please bring your own supplies for taping.** * *

Thank you,

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