

Norwalk Districts

Friday

1:00 - Check in

2:00 - Weigh in

3:30 - Coaches meeting (Aux Gym)

3:55 - National Anthem

4:00 - Wrestling on 5 mats - Round 1

6:30 - Quarter Finals 3 mats/Consi Round 1 - 2 mats (weigh out at 145 semi/consi)

Saturday

7:00 - Check in

8:00 - Weigh in

8:30 - Skin Check

9:30 - Wrestling Begins

- Round 2 Consolations (Four Mats)
- Semi Finals/Consolations Round 3 (Four Mats) (Short Break)
- Consolation Semi Finals (Three Mats)
- Finals - Three Mats (1-hour break after last consolation Semi Final - clear gym).

Finals Start approximately 3:30

Awards at Conclusion of Finals