

OHSAA STATE WRESTLING TOURNAMENT



WEIGH IN -- AUX GYM

Friday at 10:15AM wrestlers weigh in at an appointed time below. Any wrestler can weigh in after their appointed time. Weigh in will finish at 11:15AM.

Time	Division	Scale 1	Scale 2	Scale 3	Scale 4	Scale 5	Scale 6	Scale 7
10:15AM	B-III	106	113	120	126	132	138	144
10:20AM	B-III	150	157	165	175	190	215	285
10:25AM	B-II	106	113	120	126	132	138	144
10:30AM	B-II	150	157	165	175	190	215	285
10:35AM	B-I	106	113	120	126	132	138	144
10:40AM	B-I	150	157	165	175	190	215	285
10:45AM	Girls	100	105	110	115	120	125	130
10:50AM	Girls	135	140	145	155	170	190	235

WEIGH OUT FOR WRESTLERS IN AUX GYM

Day	Divisions	Start	Finish
Saturday	I/II/III	4:20PM	30 minutes after last match (Approximately 10:00PM)
Sunday	I/II/III	8:30AM	9:00AM

Saturday's weigh out is first-come, first-serve. Championship SF's & Cons. Wrestlers can weigh out before or after wrestling. Any wrestler who does not make weight Sat evening can weigh out again Sunday morning. Doors open Sunday at 8:15AM.

ALTERNATES (See OHSAA WR Program for Detailed Alternate Policy)

Until an alternate replaces a qualifying wrestler on the bracket line, the alternate will not receive parking passes, tickets, & programs. Alternates WILL NOT WEIGH IN until the OHSAA Tournament Staff has communicated with the coach that a bracket line is now open. Two white boards will be located adjacent to the weigh in area & will post timely info regarding which weight classes with all 16 wrestlers have weighed in. The boards indicate if alternates are needed to replace a qualifying wrestler.

WEIGHT ALLOWANCES

Scratch Weight plus 3 Pounds for Friday. Scratch Weight plus 4 Pounds for Saturday Evening & Sunday Morning. Example: 106 pounds - Friday weight = 109; Saturday evening & Sunday morning weigh out for Sun. competition = 110. This includes 285 (boys) and 235 (girls). BOYS: Minimum weight for 285 is 212. Maximum weight for 285 is 288 on Friday & 289 on Sat & Sun. GIRLS: Minimum weight for 235 is 187. Maximum weight for 235 is 238 on Friday & 239 on Sat & Sun.

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WEIGH IN CARDS

They are in your school packet. A WRESTLER CANNOT WEIGH IN WITHOUT THE CARD. Once a wrestler has officially weighed in Friday, his or her card will be kept. (No card-see Jack Kruse). For the Saturday night weigh out the weighmasters will have a spreadsheet listing all wrestlers who have qualified. **Do not keep the card for any reason.**

PHOTOS & VIDEO

Everyone is prohibited from taking photos and/or video in the Aux Gym Weigh in Room.

FRIDAY UNOFFICIAL WEIGH IN FOR WRESTLERS IN THE AUX GYM

Scales will be open from 9AM - 10:05AM so wrestlers can weigh in on the scale they will weigh in officially at their appointed time.

INJURED WRESTLERS

Wrestlers needing to see a MD to wrestle on Sat or Su report to the training room (TR):

<u>DAY</u>	<u>DIVISION</u>	<u>TIME</u>	<u>LOCATION</u>
Sat	III	8:30AM	TR
	II	9:00AM	TR
	I	9:30AM	TR
	Girls	10:30AM	TR
Sun	Consolations	8:00AM	TR
	Championships	4:30PM	TR

NF RULES REGARDING THE WEIGH IN

Rule (4-2-1) will be strictly enforced.

WEIGH IN COMPLICATIONS

Wrestlers who don't adhere to Rules regarding shave, hair or fingernails, or must be examined by a MD will have to wait until 11:00AM, F. to weigh in a second time. **KEEP YOUR WEIGH IN CARD AS YOU ARE NOT YET OFFICIALLY IN THE TOURNAMENT.**

NEED TO CHECK THE WRESTLER'S WEIGHT

Scales are available during Sessions 1 - 4 in the Aux. Gym Weigh in Room.

ADDITIONAL INFORMATION

OHSAA State Tournaments Physicians decisions are **FINAL.**

FRIDAY CHECKLIST

1. Must have weigh in card
2. Check appointment schedule
3. Double check facial hair, hair and fingernails
4. Special skin or medical problems--see physician at Weigh in

STATE WEIGH IN CARDS

Wrestlers can get their Weigh in Cards in Section 118 Hallway Sunday after 11AM.

SPECIAL EQUIPMENT

Headgear, headwear, mouth pieces, & other special equipment will be checked at mat side, **NOT** during the weigh in.

OHSWCIC: 3/6/23; 435 copies

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