

# TIFFIN REGIONAL TRACK MEET

Nate Lynch- Meet Manager

Frost-Kalnow Stadium - Columbian High School  
Tiffin, Ohio

Division III Regional Track Meet  
Time Schedule - Wednesday, May 28, 2014

## Field Events - Preliminary Trials and Finals

4:00 P.M.

Boys Pole Vault  
Girls High Jump  
Boys Long Jump  
Girls Shot Put  
Boys Discus

## Track Events

4:30 P.M.      Finals

Girls Relay              4x800 meters  
Boys Relay              4x800 meters

### Semi-finals

Girls Hurdles (33") 100 meters  
Boys Hurdles (39") 110 meters  
Girls Dash              100 meters  
Boys Dash              100 meters  
Girls Relay              4x200 meters  
Boys Relay              4x200 meters  
Girls Relay              4x100 meters (a)  
Boys Relay              4x100 meters (b)  
Girls Dash              400 meters  
Boys Dash              400 meters  
Girls Hurdles (30") 300 meters  
Boys Hurdles (36") 300 meters  
Girls Dash              200 meters  
Boys Dash              200 meters  
Girls Relay              4x400 meters (c)  
Boys Relay              4x400 meters (d)

- (a) may begin no earlier than 15 minutes after start of Girls 4x200 Relay
- (b) may begin no earlier than 15 minutes after start of Boys 4x200 Relay
- (c) may begin no earlier than 20 minutes after start of Girls 200 meter dash
- (d) may begin no earlier than 20 minutes after start of Boys 200 meter dash

# TIFFIN REGIONAL TRACK MEET

Nate Lynch- Meet Manager

Frost-Kalnow Stadium - Columbian High School  
Tiffin, Ohio

Division III Regional Track Meet  
Time Schedule - Friday, May 30, 2014

## Field Events - Preliminary Trials and Finals

5:00 P.M.

Girls Pole Vault  
Boys High Jump  
Girls Long Jump  
Boys Shot Put  
Girls Discus

## Track Events

## Finals

6:00 P.M.	Girls Hurdles (33")	100 meters
6:05 P.M.	Boys Hurdles (39")	110 meters
6:10 P.M.	Girls Dash	100 meters
	Boys Dash	100 meters
6:15 P.M.	Girls Relay	4x200 meters
6:25 P.M.	Boys Relay	4x200 meters
6:35 P.M.	Girls Run	1600 meters
	Boys Run	1600 meters
6:50 P.M.	Girls Relay	4x100 meters
	Boys Relay	4x100 meters
7:05 P.M.	Girls Dash	400 meters
	Boys Dash	400 meters
7:10 P.M.	Girls Hurdles (30")	300 meters
	Boys Hurdles (36")	300 meters
7:25 P.M.	Girls Run	800 meters
	Boys Run	800 meters
7:35 P.M.	Girls Dash	200 meters
	Boys Dash	200 meters
7:40 P.M.	Girls Run	3200 meters
	Boys Run	3200 meters
8:10 P.M.	Girls Relay	4x400 meters
	Boys Relay	4x400 meters