

**2019 OHSAA DIVISION III REGIONAL
TRACK AND FIELD TOURNAMENT
WEDNESDAY MAY 22, 2019**

Heidelberg University Hoernemann Stadium 310 E Market St Tiffin OH 44883

Field Events - Starting at 4:00 PM

Boys Pole Vault
Girls High Jump
Boys Long Jump
Girls Shot Put
Boys Discus

Track Events - Starting at 5:30 PM

Girls Relay 4x800m (finals)
Boys Relay 4x800m (finals)
Girls Hurdles (33") 100m
Boys Hurdles (39") 110m
Girls Dash 100m
Boys Dash 100m
Girls Relay 4x200m
Boys Relay 4x200m
Girls Relay 4x100m (a)
Boys Relay 4x100m (b)
Girls Dash 400m
Boys Dash 400m
Girls Hurdles (30") 300m
Boys Hurdles (36") 300m
Girls Dash 200m
Boys Dash 200m
Girls Relay 4x400m (c)
Boys Relay 4x400m (d)



- (a) The first heat of the girls 4x100 relay may begin no earlier than 15 minutes after the start of the first heat of the Girls 4x200 Relay.
- (b) The first heat of the boys 4x100 relay may begin no earlier than 15 minutes after the start of the first heat of the Boys 4x200 Relay.
- (c) The first heat of the girls 4x400 relay may begin no earlier than 20 minutes after the start of the first heat of the girls 200 meter dash.
- (d) The first heat of the boys 4x400 relay may begin no earlier than 20 minutes after the start of the first heat of the boys 200 meter dash.