



2023 Southeast District Cross Country Meet

Substitution Form

THIS FORM MUST BE SUBMITTED AT LEAST 30 MINUTES PRIOR TO THE AFFECTED RACE TIME!!

Complete all information and submit this form to:

1. Terry Young at the finish line. Terry will process, sign and return to you.
2. The form then needs to be hand-delivered to Terri Tutt (head clerk) at the start line.

School: _____

Coach: _____

Division / Race (Circle One):

11:00 D III GIRLS

11:45 D III BOYS

1:00 D II GIRLS

1:45 D II BOYS

Athlete Originally Entered

Substitute

Bib # Last Name First Name Grade

Bib # Last Name First Name Grade

1. _____

1. _____

2. _____

2. _____

3. _____

3. _____

4. _____

4. _____

Coach's Signature: _____

Timing/Scoring Signature: _____

Head Clerk's Signature: _____