



2023 OHSAA SOUTHEAST DISTRICT CROSS COUNTRY CHAMPIONSHIP MEET

University of Rio Grande

Saturday, October 21, 2023

Entries: A school may enter a maximum of seven runners in each of their assigned races.

Entry Deadline: Entries must be submitted online at <https://oh.milesplit.com/> no later than 5:00 P.M., Monday, October 16, 2023.

Late Entries: Entries not submitted before the deadline are subject to an OHSAA imposed \$50 late entry penalty per team.

Tournament Regulations: Please review cross country tournament regulations posted at this link: [Cross Country Tournament Regulations](#)

Uniform Regulations: Coaches are responsible for ensuring each of their athletes is wearing a legal uniform.

Substitutions: After the entry deadline, substitutions may be made only on race day. Note that you will only be able to substitute for an existing runner that you originally submitted. For example, if you submit five runners and then decide to add a sixth runner, you will not be able to do so as this is considered an addition instead of a substitution. There will be a form in your packet that **must be submitted at least 30 minutes prior to the scheduled start of the affected race**. Turn the form into Terry Young at the finish line. Once it has been processed, you will need to take it to the head clerk located near the starting boxes.

Course Inspection: Per the OHSAA's Southeast District Athletic Board, the course is NOT available to inspect or practice on prior to the district meet.

Arrival Time: Please do not arrive more than ONE HOUR 30 MINUTES before your scheduled division's race.

Registration/Team Check In: All buses should park and debus in the Bob Evans Farm Hall parking lot. **PLEASE print and complete the Coach's Verification form that's posted on MileSplit prior to arrival.** This form will need to be presented at the registration tent before the packet will be released. Packets will include: three copies of the course map, starting box assignments, race schedule, safety pins, bibs, two timing chips per runner, trash bag for camp clean-up and other important information.

Pass List: Only the **number of runners submitted on Milesplit, two coaches per school and a bus driver will be admitted free of charge.** Runners who are not competing in a district race are required to purchase a ticket before being admitted into the meet.

Tickets: An electronic ticket is required to enter the district meet. Admission tickets are \$8.00 for general admission and \$5.00 for students. Tickets are available via the OHSAA's Hometown ticketing website <https://ohsaa.org/tickets> Electronic ticket holders are encouraged to bring **PRINTED** versions of their tickets instead of relying on the electronic version of their tickets to gain entry. Children under 5 are not required to pay admission.

Race Schedule & Qualifiers: Coaches: Note that regional qualifiers will automatically transfer to the regional meet. There is no need to submit your regional qualifiers/entries on MileSplit. Regional meet information will be posted on MileSplit.

11:00 am Div. III Girls Race (Top 6 Teams and Individuals who finish in top 24 and not on a qualifying team will advance to the Pickerington regional meet on Saturday, October 28 at 10:00 am)

11:45 am Div. III Boys Race (Top 6 Teams and Individuals who finish in top 24 and not on a qualifying team will advance to the Pickerington regional meet on Saturday, October 28 at 10:45 am)

1:00 pm Div. II Girls Race (Top 8 Teams and Individuals who finish in top 32 and not on a qualifying team will advance to the Pickerington regional meet on Saturday, October 28 at 12:00 pm)

1:45 pm Div. II Boys Race (Top 8 Teams and Individuals who finish in top 32 and not on a qualifying team will advance to the Pickerington regional meet on Saturday, October 28 at 12:45 pm)

Races: A combined team and individual race will be run in each division.

Prohibited Items: Other than those approved by the meet manager for meet management purposes, no motorized or non-motorized vehicles are permitted on the course at any time. Frisbees, footballs and other athletic items are also not allowed at the competition venue. Pets are also prohibited.

Tents: Team camps can only be set up at the venue in the designated area (behind registration tent).

Weather: If lightning or other dangerous weather is experienced, we will follow the OHSAA guidelines. The referee will coordinate the response effort with the meet manager. Teams should report to their designated transportation vehicles. Spectators should report to their vehicles.

Athletic Trainer: A certified athletic trainer will be available at the finish line.

Restrooms: Portable toilets are available throughout the venue.

Results: Paper results will be posted near the registration tent. Unofficial live results will be available at seotiming.com. All results will be posted on MileSplit as soon as each race has been certified by the referee.

Awards: The OHSAA provides awards for the 1st and 2nd place teams. The 1st and 2nd place teams in each race will be deemed “champions” and the 3rd and 4th place teams in each race will be deemed “runners-up”. OHSAA does not provide individual awards.

T-shirts: District T-shirts will be on sale near the registration area.

Concessions: Various concession items will be available.

School Representative: No team or individual will be allowed to compete in the District Tournament unless a coach or person authorized by the Board of Education is present throughout the Tournament. Team and individual entries unaccompanied by such a school representative may be disqualified, pending a ruling by the OHSAA' Executive Director.

Timing/Scoring: The OHSAA's Southeast District Athletic Board has contracted with SEO Timing to provide FAT timing and scoring services. Each runner will be issued two timing chips – one for each shoe – and a bib number that matches the timing chips. Bibs should be affixed to the front of the jersey with four safety pins (one in each corner of the bib). Coaches (or their designee) are responsible for collecting the timing chips from their athletes and returning them in the provided baggie to either the finish line or the registration tent before leaving for the day. Schools will be billed \$20 for any timing chip not returned by the end of the meet.