

AMHERST DISTRICT TIME SCHEDULE FOR FRIDAY MAY 20, 2011

***NOTE THIS IS A CHANGED SCHEDULE FROM THE ORIGINAL BECAUSE OF WEDNESDAY CANCELLATION. THIS IS A ROLLING TIME SCHEDULE.**

FOLLOWING FIELD EVENTS START AT 2:00 PM

Boys Pole Vault	(Final)
Girls High Jump	“
Boys Long Jump	“
Girls Shot Put	“
Boys Discus	“

Begin after the above are finished

Girls Pole Vault	(Final)
Boys High Jump	“
Girls Long Jump	“
Boys Shot Put	“
Girls Discus	“

Running Events

2:00 PM	Girls 4 X 800 (hand timed)
	Boys 4 X 800 (hand timed)

4:00 PM	Girls 100M Hurdles Semi
	Boys 110M Hurdles Semi
	Girls 100M Dash Semi
	Boys 100M Dash Semi

20 minutes between

Girls 200 Semi
Boys 200 Semi

30 minute break

Girls 100 Hurdles Final
Boys 110 Hurdles Final
Girls 100 Final
Boys 100 Final
Girls 4X200 Timed Final (2)
Boys 4x200Timed Final (2)
Girls 1600M Timed Final (1)
Boys 1600M Timed Final (2)
Girls 4x100 Timed Final (2)
Boys 4x100 Timed Final (2)
Girls 400M Timed Final (4)
Boys 400M Timed Final (4)

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Girls 300M Hurdles Timed Final (4)
Boys 300M Hurdles Timed Final (4)
Girls 800M Run Timed Final (2)

Boys 800M Run Timed Final (2)
Girls 200M Final (1)
Boys 200M Final (1)
Girls 3200M Run Final (1)
Boys 3200M Run Final (1)
Girls 4x400M Relay Timed Final (2)
Boys 4x400M Relay Timed Final (2)

**Top 4 Finishers in Each Event
Qualify to the Regional Meet
Amherst Steele High School.
May 25th & May 27th.**