

Midview Athletic Department

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**DIVISION II DISTRICT TRACK & FIELD TOURNAMENTS
ADELSBERG STADIUM, MIDVIEW HIGH SCHOOL
DIVISION II: MAY 19 & 21, 2011**

IMPORTANT INFORMATION: (PLEASE SEE THE OHSAA WEBSITE (OHSAA.ORG) CONCERNING REGULATIONS FOR DISTRICT, REGIONAL AND STATE MEETS.)

Welcome to the 2011 Midview Division II District Track Meet Tournament. The entire state has gone to on-line entry forms through Baumspage.com. **This now constitutes your official entry form. Your entries must be submitted in this fashion. This entry procedure will let the meet be run in a more efficient manner.**

Please read and follow the instructions for on-line entry and trouble-shooting to allow your entry to process smoothly. This link has been tested several times, but if you encounter a problem, please contact Gary Baumgartner, whose number is listed at the bottom of the entry page. Meet Schedules are also available on Baumspage.

All entries must be submitted by Wednesday, May 18th at 12:00 p.m. All entries after that time are considered ineligible and will not be accepted without payment of \$150.

Substitutions can be made until noon of the first day the event is contested.

In addition to the on-line entry, please e-mail (cjantz@midviewk12.org) or fax (440) 748-6324 the following to the meet manager

- **School eligibility form**
- **Sportsmanship and Uniform Regulation Form (Enclosed)**

Print and save a copy of your entries for personal use.

Substitutions can be made online until noon of the first day of the event in question.

Relay cards will be issued upon arrival on the first day of the District Meet (List 6 names).

TRACK AND TRACK MARKINGS: ALL WEATHER TRACK. ONLY 1 /4" OR LESS SPIKES. STARTING BLOCKS WILL BE FURNISHED. TONGUE DEPRESSORS OR TENNIS BALLS ONLY WILL BE USED AS A MARKING ON TRACK FOR RELAYS. GET THEM FROM AN UMPIRE. NO CHALK OR TAPE ON TRACK SURFACE.

FIELD EVENTS: HIGH JUMP, LONG JUMP AND POLE VAULT--1 /4" SPIKES MAY BE WORN. CHALK MAY BE USED TO MARK JUMP APPROACH AREAS. SHOT PUT AND DISCUS PADS ARE CONCRETE WEAR FLATS. PLEASE BRING YOUR OWN DISCUS AND SHOT PUT IMPLEMENTS. THESE MUST BE WEIGHED AND MARKED BY THE HEAD FIELD JUDGE IN THE PRESS BOX PRIOR TO THE COMPETITION. THE DISCUS WILL BE CONTESTED ON THE FIELD NORTH OF THE HIGH SCHOOL. FIELD EVENT FINALS WILL BE CONTESTED IMMEDIATELY AFTER PRELIMINARIES. LISTEN FOR CALLS.

DRESSING FACILITIES: THERE ARE LIMITED DRESSING FACILITIES AVAILABLE. WE ADVISE DRESSING AT HOME.

PARKING: THERE WILL BE PARKING AVAILABLE IN THE LOTS AROUND ADELSBERG STADIUM. BUSES WILL BE DIRECTED TO PARKING AREAS BESIDE MIDVIEW MIDDLE SCHOOL.

SCORING: ALL EVENTS WILL BE SCORED-- 10,8,6,5,4,3,2,1.

AWARDS: NO INDIVIDUAL AWARDS. TEAM TROPHY TO CHAMPIONSHIP AND RUNNER-UP TEAMS.

RESULTS: RESULTS OF EACH EVENT WILL BE POSTED ON THE FRONT OF THE EQUIPMENT BUILDING ADJACENT TO THE TENNIS COURTS. AS SOON AFTER THE EVENT AS POSSIBLE. COMPLETE RESULTS WILL NOT BE MAILED, HOWEVER, THEY WILL BE POSTED ON BAUMSPAGE, THE OFFICIAL OHSAA WEBSITE FOR TRACK AND FIELD.

STARTING HEIGHTS: THE FOLLOWING STARTING HEIGHTS HAVE BEEN DETERMINED BASED ON ENTRIES:

Starting Heights will be announced based on entries.

QUALIFIERS TO REGIONAL: THE FIRST FOUR PLACES IN EACH FINAL EVENT WILL QUALIFY TO THE FOLLOWING REGIONAL MEET:

RAVENNA HIGH SCHOOL

HEATS AND SECTIONS: HEATS AND SECTIONS WILL BE DETERMINED BY THE GAMES COMMITTEE.

RELAY CARDS: RELAY PERSONNEL CARDS WILL BE IN THE COACHES PACKETS. READ INSTRUCTIONS CAREFULLY. PLEASE COMPLETE LEGIBLY USING FIRST AND LAST NAMES, HAVE TEAM MEMBERS GIVE CARDS TO CLERK OF COURSE WHEN THE EVENT IS CALLED. SAME CARD USED BOTH DAYS. NO ADDITIONS, DELETIONS OR CHANGES ONCE THE RELAY TEAM IS OFFICIALLY ENTERED. IT DOES NOT COUNT AS AN EVENT FOR THOSE ATHLETES LISTED ON CARD WHO DO NOT COMPETE ON RELAY. (400M, 800M, 1600M, 3200M).

UNIFORMS AND NUMBERS: ALL CONTESTANTS ARE REQUIRED TO WEAR UNIFORMS IN ACCORDANCE WITH NATIONAL FEDERATION TRACK AND FIELD RULE 4-3. JERSEY NUMBERS REQUIRED--ALL COMPETITORS ARE REQUIRED TO WEAR A SCHOOL ISSUED JERSEY WITH THE NUMBER PERMANENTLY ATTACHED TO THE BACK OF THE JERSEY.

ENTRY SCRATCHES: AT THE LATEST, SCRATCHES WITH NO REPLACEMENT SHALL BE SUBMITTED ON AN ENTRY CHANGE FORM TO THE CLERK NO LATER THAN 15 MINUTES PRIOR TO THE START OF THE EVENT.

FACULTY REPRESENTATION : NO TEAM OR INDIVIDUAL ENTRY SHALL BE ALLOWED TO COMPETE IN THE DISTRICT TRACK & FIELD TOURNAMENT UNLESS ACCOMPANIED BY A FACULTY REPRESENTATIVE OR COACH FROM THE SCHOOL SYSTEM. TEAMS AND INDIVIDUAL ENTRIES UNACCOMPANIED BY SUCH FACULTY REPRESENTATIVE OR COACH WILL BE DISQUALIFIED.

EXPENSE SHEET: NO LONGER REQUIRED. THE COMPUTER MEET MANAGER WILL SUBMIT AN EXPENSE REPORT TO THE REGIONAL MEET FOR ALL QUALIFIERS.

ADMISSION: ADMISSION FOR THE MEET IS \$6.00 FOR ALL ADULTS. STUDENT TICKETS WILL BE \$4.00 EACH DAY. ATHLETES WEARING COMPETING UNIFORMS WILL BE STAMPED AT THE GATE. ALL OTHERS MUST HAVE A TICKET. YOU WILL RECEIVE A PASS LIST WHERE YOU CAN LIST 6 COACHES, ALONG WITH YOUR BUS DRIVER AND OTHER ADMINISTRATORS. IF A COACH IS NOT ON THAT LIST, THEY MUST PAY TO GAIN ENTRY INTO THE STADIUM

MEET MANAGER: CREG JANTZ, MIDVIEW HIGH SCHOOL, 38199 CAPEL RD, GRAFTON, OH, 44044.
PHONE: (440) 748-5231
E-MAIL: cjantz@midviewk12.org
FAX: (440) 748-6324

GENERAL INFORMATION FOR ATHLETE

DIVISION II BOYS & GIRLS DISTRICT TRACK & FIELD TOURNAMENT 2011, MIDVIEW HIGH SCHOOL

- No running or walking on the football playing field -during the meet. No standing on the fence on the front or back stretch. Also, no standing near the finish line.
- Do your warm-up exercises on the backstretch between events or when some lanes aren't in use.
- 1 /4" spikes are required length on track, long jump, pole vault and high jump. Flats must be worn on concrete shot put and discus pads.
- Starting blocks are furnished. You may use your own. Our starting blocks are standardized and not adjustable to different events
- Check time schedules posted on storage building. Report ON TIME to correct bullpen. There will be a bullpen at the North End of the Track, by the entrance. Listen for call o n P.A.
- Lead-off runner of relay must have relay card to present to clerk in bullpen.
- Know how your race is run. Know where your relay exchange zones are. Tongue depressors or tennis balls only are used on track for relay starting marks. NO CHALK!! NO TAPE!! Inspectors will have tongue depressors available.
- **No camps may be set up in the bleachers.**
- **Coaches and all contestants not competing MUST remain in stands or in areas outside of fence around track. No rest areas or camps permitted inside of track. There are many areas outside of track and behind bleachers that make good camps. If you are not competing in high jump or pole vault events, stay away from the area. Observe from the stands, please.**
- Please use available trash cans for orange peels, bottles, cans, cups, trash, etc. PLEASE!!
- You are responsible for your own equipment and valuables. Do not leave it unattended.
- Please **DO NOT WEAR SPIKES OR HAVE IMPLIMENTS IN THE BLEACHERS!!**
- Stay away from the finish line area. Do not ask for times from officials after races. They are instructed NOT to give them to you. Wait until the results are posted on front of equipment shed or announced. Report suspected errors in results or scoring to **COMPUTER SCORING OFFICIAL** at once.
- THE CONCESSION STAND WILL BE OPEN.
- Know rule about running on lane lines to your left. You may be disqualified if you run three (3) or more consecutive stepson or over lines. STAY OFF THEM!
- Leave Frisbees and footballs at home. No loud playing music in stands or around track. Use media types with headphones.
- Be sure you are wearing a school issued uniform. Relay teams must have identical uniforms. When two or more relay team members wear apparel under the jersey, it must be the same color. Same rule applies to body suits & leotards. Trunks are worn over the body suits or leotards.

- Restrooms are located near the concession stand.
- All lapped runners will be allowed to continue running on inside lane or may move to an outer lane of their choice. Officials will not designate where to run.
- Be sure you do not break before passing lane markers on all break races. (800,1600,3200,4x800, 4x400).
- A competitor may wear a watch.
- Athletes are to stay out of school building at all times. They are also to stay away from finish line area on infield.
- Batons will be provided. No other batons maybe used. Return baton to the starting line after race.
- **A trainer will be available at the infield. She is there for meet injuries, SHE IS NOT THERE TO TAPE YOUR ATHLETES or REHAB prior injuries. Please have them taped and ready to go upon arrival at Midview High School**
- THANK YOU AND GOOD LUCK! HOPE YOU HAVE A GREAT EXPERIENCE! YOUR COOPERATION WILL BE OF GREAT HELP IN MAKING THE MEET A SUCCESSFUL ONE.

CREG JANTZ, MEET MANAGER

COACHES--PLEASE POST OR COPY AND HAND OUT TO YOUR ATHLETES.