

Lakewood Ranger Athletics

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Division I District Track & Field Tournament Lakewood High School Stadium May 21st and May 23rd, 2014

Important Information: Please see the OHSAA Website (www.OHSAA.org) concerning regulations for District, Regional and State Meets.

On-line Entry: Each coach is responsible for entering his/her team on-line at Baum's Page (www.baumspage.com). It is imperative that your teams' information be entered accurately and on time!

Time frame for on-line entry:

Entry window opens: 8:00 a.m., Sunday, April 27th

Entry window closes: 8:00 p.m., Tuesday, May 20st

Scratch & substitutions due: 12:00 noon on May 23th

In addition to the on-line entry, please E-mail (sean.jackson@lakewoodcityschools.org) or Fax (216.227.5988) the following to the meet manager.

- OHSAA Eligibility Form
- Sportsmanship and Uniform Regulation Form
- Pole Vault Verification Form

Track & Track Markings: This is an all-weather track. Only ¼" (or less) spikes are allowed. Starting blocks will be provided. Tongue depressors or ½ tennis balls will be allowed as marking on the track during relays. No chalk or tape will be allowed on the track surface. **No food or colored drinks** (any drink other than water) will be **allowed on the track or infield. No tents are to be erected on the football field. Your cooperation with these rules is expected and appreciated.**

Field Events: High jump, long jump and pole vault ¼" spikes may be worn. Chalk may be used to mark jump approach areas. Please bring your own discus and shot put implements. These must be weighed and marked by the head field judge in the press box prior to competition. **The discus will be contested at Madison Park** (approximately 3 blocks from the Stadium.) A bus will be available to shuttle discus competitors and coaches to Madison Park. Field event finals will be contested immediately after preliminaries.

Parking: Due to renovations at Lakewood High School, parking is limited. We ask that buses drop athletes off at the Bunts Road entrance to the Stadium. Bus parking is available on the east side of the stadium on Bunts Road and on the south end of the stadium on Madison Avenue. Please be advised that LHS dismisses class at 3:00 and it is strongly recommended that you not arrive prior to 3:15.

Dressing Facilities: There are limited dressing facilities available. We advise dressing at home.