

AMHERST DISTRICT FINAL TIME SCHEDULE FOR FRIDAY MAY 17, 2019

Field Events - All Finals

4:00 PM Girls Pole Vault
 Boys High Jump
 Girls Long Jump
 Boys Shot Put
 Girls Discus

Running Events

6:00 PM Girls 100M Hurdles
 Boys 110M Hurdles
6:10 PM Girls 100M Dash
 Boys 100M Dash
6:15 PM Girls 4x200M Relay
 Boys 4x200M Relay
6:25PM Girls 1600M Run
 Boys 1600M Run
6:40 PM Girls 4x100M Relay
 Boys 4x100M Relay
6:50 PM Girls 400M Dash
 Boys 400M Dash
7:00 PM Girls 300M Hurdles
 Boys 300M Hurdles
7:10 PM Girls 800M Run
 Boys 800M Run
7:20 PM Girls 200M Dash
 Boys 200M Dash
7:25 PM Girls 3200M Run
 Boys 3200M Run
7:50 PM Girls 4x400M Relay
 Boys 4x400M Relay

Top 4 Finishers in Each Event
Qualify to the Regional Meet
Amherst Steele High School.

May 22rd field events start at 4:00, *Running at 5:30*

May 25th field events at 4:30, *Running at 6:00*

