

Amherst District Track Meet Schedule

Wednesday, May 15, 2019

Field Events start at 4:00 pm

Boys Pole Vault	(Final)
Girls High Jump	“
Boys Long Jump	“
Girls Shot Put	“
Boys Discus	“

Semis (no preliminaries) Begins at 5:30 pm

Finals

Girls 4x800M Relay	Top 4 to Regional
Boys 4x800M Relay	Top 4 to Regional

Semifinals

Girls 100M Hurdles	8 Fastest Times to Finals
Boys 110M Hurdles	8 Fastest Times to Finals
Girls 100M Dash	8 Fastest Times to Finals
Boys 100M Dash	8 Fastest Times to Finals
Girls 4x200M Relay	8 Fastest Times to Finals
Boys 4x200M Relay	8 Fastest Times to Finals
Girls 4x100M Relay	8 Fastest Times to Finals
Boys 4x100M Relay	8 Fastest Times to Finals
Girls 400M Dash	8 Fastest Times to Finals
Boys 400M Dash	8 Fastest Times to Finals
Girls 300M Hurdles	8 Fastest Times to Finals
Boys 300M Hurdles	8 Fastest Times to Finals
Girls 800M Run	Top 8 in each heat to finals
Boys 800M Run	Top 8 in each heat to finals
Girls 200M Dash	8 Fastest Times to Finals
Boys 200M Dash	8 Fastest Times to Finals
Girls 4x400M Relay	8 Fastest Times to Finals
Boys 4x400M Relay	8 Fastest Times to Finals

* Special Time Schedule*

- 1) The first semifinal heat of the girl's 4x100 relay may begin no earlier than 15 minutes after the beginning of the first semifinal heat of the girl's 4x200 relay. (Same for boys)
- 2) The first semifinal heat of the girl's 4x400 relay may begin no earlier than 20 minutes after the beginning of the first semifinal heat of the girls 200 dash. (Same for boys)

SCHEDULE FOR FRIDAY FIELD EVENTS START AT 4:00 PM AND FIRST RUNNING EVENT 6:00 PM