

# DISTRICT TRACK MEET ORDER OF EVENTS

**DAY 1 (Wednesday or Thursday)  
4:00 P.M.**

**BOYS POLE VAULT, BOYS  
SHOT PUT, BOYS LONG JUMP  
GIRLS HIGH JUMP GIRLS  
DISCUS**

**5:00 P.M.**

**GIRLS 4 X 800 M RELAY FINAL  
BOYS 4 X 800 M RELAY FINAL  
GIRLS 100 M HURDLES (33")  
PRELIMS**

**BOYS 110 M HURDLES (39")  
PRELIMS**

**GIRLS 100 M DASH PRELIMS  
BOYS 100 M DASH PRELIMS  
GIRLS 4 X 200 M RELAY SEMI  
FINALS**

**BOYS 4 X 200 M RELAY SEMI  
FINALS**

**GIRLS 1600 M RUN SEMI  
FINALS (IF NECESSARY)**

**BOYS 1600 M RUN SEMI  
FINALS (IF NECESSARY)**

**GIRLS 4 X 100 M RELAY SEMI  
FINALS**

**NOTE: The 1<sup>st</sup> semi final heat of  
the girls 4 x 100 m relay may begin  
no earlier than 15 minutes after  
the beginning of the 1<sup>st</sup> semi final  
heat of the girls 4 x 200 m relay  
BOYS 4 X 100 M RELAY SEMI  
FINALS**

**NOTE: the 1<sup>st</sup> semi final heat of  
the boys 4 x 100 relay may begin  
no earlier than 15 minutes after  
the beginning of the 1<sup>st</sup> semi final  
heat of the boys 4 x 200 m relay**

**GIRLS 400 M SEMI FINALS  
BOYS 400 M SEMI FINALS**

**GIRLS 300 M HURDLES (30")  
SEMI FINALS**

**BOYS 300 M HURDLES (36")  
SEMI FINALS**

**GIRLS 800 M RUN SEMI  
FINALS**

**BOYS 800 M RUN SEMI FINALS**

**GIRLS 200 M PRELIMINARIES**

**BOYS 200 M PRELIMINARIES**

**GIRLS 32 M RUN SEMI FINALS  
(IF NECESSARY)**

**BOYS 3200 M RUN SEMI  
FINALS (IF NECESSARY)**

**GIRLS 4 X 400 M RELAY SEMI  
FINALS**

**NOTE: The 1<sup>st</sup> heat of the girls 4 x  
400 m relay may begin no earlier  
than 20 minutes after the  
beginning of the 1<sup>st</sup> semi final heat  
of the girls 200 m preliminaries**

**BOYS 4 X 400 M RELAY SEMI  
FINALS**

**NOTE: the 1<sup>st</sup> heat of the boys 4 x  
400 relay may begin no earlier  
than 20 minutes after the  
beginning of the 1<sup>st</sup> semi finals heat  
of the boys 200 m preliminaries**

**END DAY ONE**

**DAY TWO  
(FRIDAY OR SATURDAY)  
4:00 P.M. FRIDAY  
11:30 SATURDAY**

**BOYS DISCUS, BOYS HIGH  
JUMP**

**GIRLS SHOT PUT, GIRLS  
LONG JUMP, GIRLS POLE  
VAULT**

**NO SEMI FINALS  
TOP 8 FROM  
PRELIMS  
TO FINALS**

**FINALS  
MANDATORY TIME  
SCHEDULE**

**THE MEET WILL BE RUN NO  
FASTER THAN THE  
FOLLOWING TIME  
SCHEDULE**

**START OF FINALS  
12:15 P.M. ON  
SATURDAY**

**TIME BETWEEN EVENTS  
(START TO START)**

**GIRLS 100 M HURDLES (33")  
BOYS 110 M HURDLES (39"): 05**

**GIRLS 100 M DASH: 05**

**BOYS 100 M DASH**

**GIRLS 4 X 200 M RELAY: 15**

**BOYS 4 X 200 M RELAY**

**GIRLS 1600 M RUN: 15**

**BOYS 1600 M RUN**

**GIRLS 4 X 100 M RELAY: 15**

**BOYS 4 X 100 M RELAY**

**GIRLS 400 M DASH: 15**

**BOYS 400 M DASH**

**GIRLS 300 M HURDLES (30"):  
10**

**BOYS 300 M HURDLES (36")**

**GIRLS 800 M RUN: 10**

**BOYS 800 M RUN**

**GIRLS 3200 M RUN: 05**

**BOYS 3200 M RUN**

**GIRLS 4 X 400 M RELAY: 30**

**BOYS 4 X 400 M RELAY**