

**NORTHWEST DISTRICT TRACK & FIELD TOURNAMENT**  
**FINDLAY HIGH SCHOOL - COOPER TIRE TRACK & FIELD COMPLEX**

**ORDER OF EVENTS**

**Thursday May 19**

4:00 p.m.

Boys Shot Put	Girls Discus
Boys Pole Vault	Girls High Jump
	Girls Long Jump

5:00 p.m.

Girls	4 x 800 Meter Relay Final
Boys	4 x 800 Meter Relay Final
Girls	100 Meter Hurdles (33") Semi-Finals
Boys	110 Meter Hurdles (39") Semi-Finals
Girls	100 Meter Dash Semi-Finals
Boys	100 Meter Dash Semi-Finals
Girls	4 x 200 Meter Relay Semi-Finals
Boys	4 x 200 Meter Relay Semi-Finals
Girls	1600 Meter Run Semi-Finals (If necessary)
Boys	1600 Meter Run Semi-Finals (if necessary)
Girls	4 x 100 Meter Relay Semi-Finals
Boys	4 x 100 Meter Relay Semi-Finals
Girls	400 Meter Semi-Finals
Boys	400 Meter Semi-Finals
Girls	300 Meter Hurdles (30") Semi-Finals
Boys	300 Meter Hurdles (36") Semi-Finals
Girls	800 Meter Run Semi-Finals
Boys	800 Meter Run Semi-Finals
Girls	200 Meter Semi-Finals
Boys	200 Meter Semi-Finals
Girls	3200 Meter Run Semi-Finals (if necessary)
Boys	3200 Meter Run Semi-Finals (if necessary)
Girls	4 x 400 Meter Relay Semi-Finals
Boys	4 x 400 Meter Relay Semi-Finals

*NOTE: If we do not run the 1600 or 3200 Meter Run, there will be an eight minute break for each race not competed. For example, if we do not run the Boys or Girls 1600 Meter Run, there will be a 16 minute break between the Boys 4 x 200 Meter Relay and the Girls 4 x 100 Meter Relay Semi-Finals.*

**Saturday May 21**

11:30am

Boys Discus	Girls Shot Put
Boys High Jump	Girls Pole Vault
Boys Long Jump	

1:00 p.m. Finals

Girls	100 Meter Hurdles (33")
Boys	110 Meter Hurdles (39")
Girls	100 Meter Dash
Boys	100 Meter Dash
Girls	4 x 200 Meter Relay
Boys	4 x 200 Meter Relay
Girls	1600 Meter Run
Boys	1600 Meter Run
Girls	4 x 100 Meter Relay
Boys	4 x 100 Meter Relay
Girls	400 Meter Dash
Boys	400 Meter Dash
Girls	300 Meter Hurdles (30")
Boys	300 Meter Hurdles (36")
Girls	800 Meter Run
Boys	800 Meter Run
Girls	200 Meter Dash
Boys	200 Meter Dash
Girls	3200 Meter Run
Boys	3200 Meter Run
Girls	4 x 400 Meter Relay
Boys	4 x 400 Meter Relay