

Ontario Division II District

Boys Pole Vault: Starting height will be 9'6". After completing 12'6", the bar will increase by 4" increments.

Girls Pole Vault: Starting height will be 7'0". After completing 8'6", the bar will increase by 4" increments.

Boys High Jump: Starting height will be 5'4". After completing 6'0", the bar will increase by 1" increments.

Girls High Jump: Starting height will be 4'8". After completing 5'0", the bar will increase by 1" increments.

Long Jump: Will be contested in flights. Jumpers will receive 3 jumps each. Top 9 will advance to the finals. Finals will have 3 more jumps.

Shot Put / Discus: Will be contested in flights. Throwers will receive 3 throws each. Top 9 will advance to the finals. Finals will have 3 more throws.

Implements must be weighed in at the main entrance!

Shot Put: Located south of the home-side bleachers.

Discus: Located behind the home-side bleachers.