

2015 Additional Information and Reminders for coaches and participants ...

General

- Listen carefully for calls on the Public Address System.
- Athletes, coaches and fans are to stay out of the school building at all times.
- Trainer will be available at the infield tent.
- Please use available trashcans. Every team should clean up its “camp” of debris.
- No Radios, “boom boxes”, Frisbees, footballs, etc.
- Everyone should be responsible for his or her valuables. Do not leave them unattended.
- District Souvenir T-shirts will be on sale for at the Concession Stand.

Tournament Specific

- An individual may compete in a maximum of four events including relays. An athlete who is disqualified due to participation in more than four events is ineligible for further tournament competition in individual events.
- Remind competitors that they must be in school-issued uniform when they enter a competition area. Uniforms may be removed *only* in unrestricted areas. Any SHIRT worn under the uniform must be a single solid color (no logos or printing). Schools issued shorts must be worn over any leotard or body suit. Shoes, although required for competition, are not considered part of the uniform.
- At St. Francis de Sales HS, restricted areas include the (1) infield; (2) the entire fenced track area (which includes the Long Jump, High Jump and Pole Vault competition areas); (3) the Discus and Shot Put competition areas. Also, please do not raise your voice (yell) at the starting lines or in the finish line area.
- Remind your athletes about keeping their singlets tucked into their shorts when they enter competition areas. **ONLY ¼” SPIKES PLEASE!**
- No warm-ups, run-throughs, hurdle stretches, baton exchange practice, etc. on the infield. Athletes should warm-up outside the fenced track area. No warm-ups on the track between events or in lanes that aren’t in use.
- Stay clear of the finish area. Do not ask officials for results or times. (Official times will be announced and posted.) Report suspected errors immediately to the Head Referee, Mr. Dave Spiess.
- If you feel that a rule has been misapplied or misinterpreted you may appeal/protest. *Any appeal/protest must be filed in writing.* If you have any questions or issues please see the Head Referee, Mr. Dave Spiess, or come to the Press Box. Forms and rule books are available in the press box. (Please note, judgment decisions *may not* be appealed and will not be considered.)
- The first four individuals or relay teams in each event in the District Tournament will qualify to the Regional competition at Amherst, OH beginning Wednesday, May 27, 2015. Regional information will be in your Saturday race packets.

Complete information is available for the OHSAA Track and Field Tournaments (District, Regional and State) on the internet.

www.baumspage.com

Relay Teams

- Use the proper OHSAA Relay cards...they will be in your race packet when you arrive.

4 x 100MPink	4 x 400MWhite
4 x 200MBlue	4 x 800MGreen
- Know how each race is run. Know the exchanges zones. Half tennis balls only—no chalk or tape on track or runways. Know the infraction rules (Rules 5-10 through 5-13).
- Members of each relay team (and alternates) must be designated prior to competing the first time in the event. All designated members of a relay team *must* be listed on the numerical list and the eligibility certificate.
- All relay members must report individually with the lead-off member presenting the card to the clerk of course.
- List 4, 5, or 6 individuals on the District Relay Card. A relay team becomes officially entered when the card is presented to the clerk of course on the first day of competition. Once the team is entered, there may be no additions, deletions or changes to the card for the duration of the district tournament. If a team qualifies to the regional, any team member on the numerical list and the eligibility certificate maybe entered on the Regional Relay Card.

Sprint Events

- Gill “Collegiate” starting blocks are furnished. If “Moye” blocks are preferred, you will need to supply your own. Block holders will be provided if requested.
- There will be no preliminary round for the 100 and 200 Meter Dashes and the 110/100 Meter Hurdles – the top 8 times from the Thursday’s Semi-finals will advance to the Saturday Finals. Qualifiers to the finals will be announced and posted on the boards located near the concession stand (as soon as they become official), and posted on the internet, www.baumspage.com.

Distance Events

- **The Girls and Boys 1600M Run and 3200M Run will only be run as a finals on Saturday.**
- Lapped runners will run the normal course and will be permitted to finish their race. All runners should be careful not to interfere with other runners.

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Field Events (General)

- Shot put and Discus competitors must have their implements weighed and approved by the Head Field Judge. Only those marked with an official's "OK" will be allowed. The Head Field Judge will be at the garage door end of the grand stand until 3:45 p.m. on Thursday and 10:45 a.m. on Saturday.
- Starting Heights for High Jump and Pole Vault as well as increments will be determined by the games committee. The opening heights and increments will be posted on Baumspage in the meet program (heat/flight assignments). The information will be available on Wednesday, May 20, 2015 by 1:00 PM, see <http://www.baumspage.com>
- THE "TIME LIMIT" WHEN COMPETITORS ARE EXCUSED TO COMPETE IN ANOTHER EVENT IS LIMITED TO 10 MINUTES AFTER THE COMPLETION OF THAT EVENT.

Discus and Shot Put

- Competitors should report to the head official at their areas. Discus and shot put implements must be supplied by the individual or be school-issued and will be weighed in on-site beginning one hour prior to the event. Once the implement is weighed and verified as legal, it may not be removed from the competition area until the conclusion of competition. Note: Legal implements do not necessarily become "common implements." Permission to use an implement must be obtained from its owner.
- Competitors do not need to report before Disc/Shot competition begins; however, individuals need to report before the beginning of the flight to which they're assigned.
- The top nine will be called back for Finals. Please listen for the announcement. Finals will be in reverse order of performance, in single rotation, so that the best qualifier will compete last in each rotation.

Long Jump

- ONLY TAPE OR "TENNIS BALLS" ON THE APPROACHES PLEASE. NO CHALK. *(Please remove tape at the end of competition.)*
- We will use the "flights" procedure for preliminary trials. Competitors do not need to report before LJ competition begins; however, individuals need to report before the beginning of the flight to which they're assigned.
- The top nine will be called back for Finals. Please listen for the announcement. Finals will be in reverse order of performance, in single rotation, so that the best qualifier will compete last in each rotation. A reasonable warm-up period will be extended to qualifiers before the Finals begin.

High Jump and Pole-Vault

- ONLY TAPE OR "TENNIS BALLS" ON THE APPROACHES PLEASE. NO CHALK. *(Please remove tape at the end of competition.)*
- 3 or 5-alive will be used, depending on conditions and the preference of the officials.

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