



Southeast Ohio District  
Track and Field  
Division II  
CHAMPIONSHIPS  
2013



Kristin Ruby- Meet Manager

Location: Oak Hill High School

Dates: Tuesday May 21<sup>st</sup> and Saturday May 25<sup>th</sup>

Track: 8 Lane, All-weather track (1/4" pyramid spikes or racing flats only)

Time: Tuesday 4:00p.m. and Saturday 3:00p.m.

Scoring in finals: 10-8-6-5-4-3-2-1

Boys Schools: Alexander, Athens, Chesapeake, Fairland, Gallia Academy, Ironton, Jackson, Meigs, Minford, Northwest, Portsmouth, River Valley, Rock Hill, South Point, Vinton County, Wellston. (16). Four (4) qualifiers to regional.

Girls Schools: Alexander, Athens, Chesapeake, Fairland, Gallia Academy, Ironton, Jackson, Meigs, Northwest, Portsmouth West, River Valley, Rock Hill, South Point, Vinton County, Wellston (15). Four (4) qualifiers to regional.

Time Schedule: See attached sheet. The time schedule will be a rolling schedule. It is the athlete's responsibility to report to the event on time.

Uniform Numbers: All athletes MUST wear the uniform number assigned to them on both days of competition. It is the participant and coaches' responsibility to see this is done. All athletes must wear a school issued uniform. It is imperative that each athlete compete in their assigned number. In the event of an emergency number change, they may be emailed to me prior to arrival. If the change needs to take place at the meet, please get a uniform number change paper from the pressbox. You will have to complete the paper, and turn it in to Terry Young at the finish line.

District Substitution Forms: In the first level of competition a maximum of two eligible athletes may be named on the entry form for each event other than relays.

Relay Teams: a. members of a relay team (4,5, or 6) must be designated prior to competing for the first time, b. all members of a relay team must be eligible by the standards and bylaws set forth by the OHSAA, c. coaches will be provided a relay check-in card for each relay team entered – 4x100 (pink), 4x200 (blue), 4x400 (white), and 4x800 (green), d. the relay team officially becomes an entry when the relay check-in card is handed to the clerk. Once the team is officially entered, there may be no additions, deletions, or changes to the card., e. the clerk will check off the four names of the runners who will compete, f. members of a relay team may be changed from the district to the regional meet, providing all other eligibility requirements have been met.

Eligibility Forms: All eligibility sheets must be submitted to me via fax, email, or mail no later than Friday May 10<sup>th</sup>, 2012. Please submit to the following address or fax number:

Address:	Kristin Ruby 5063 St. Rt. 93 Oak Hill, OH 45656
Email:	kristin.ruby@oakhill.k12.oh.us
Fax:	(740) 682-6075

Entries: Athletic Directors must complete the Tournament Entry Form on **myOHSAA** on or before 04/29/2013. AD's will be prompted to enter in all coaches Pupil/Activity Coaching Permit #. Entries for Districts must be entered on [www.baumspage.com](http://www.baumspage.com). Entries must be submitted by **Monday, May 20<sup>th</sup> at 7:00p.m.** Baumspage will not permit a coach to submit entries without all athletes on the roster having an assigned jersey number. Also, all scratches will be done at the same web address. Scratches must be submitted by **noon** on the **first day of competition**. Scratches in field events and running events that have not yet been contested, must be made by 12:00p.m. the Saturday of competition. Please make sure this is done correctly. The lane assignments will be posted on baumspage Tuesday evening. **This information will not include scratches after the submission deadline and heats may be changed/condensed if scratches merit a fewer number of heats.**

**Scratches are to be completed in the following manner: Scratch Jeffrey Allen/ Add Jim Slone. Make sure that you specify the full name of whom you are scratching and the full name of whom you are adding. If these items are not completed in correct fashion, your athletes will NOT be permitted to compete. There is also a fine for each team for late entry.**

Packets for Coaches: Pick up your packets in the press box from 2:30 to 4:00p.m. on the first day of competition. Your packets will include: program, relay check-in cards, and regional information. On the second day of competition please pick up a finals program.

Athlete Check-in Area: The check-in will be adjacent to the 100m dash starting line for all events. Athletes will report to this area to check-in and receive their hip numbers. We will be using FAT timing for the district meet.

Blocks: Please feel free to bring your own set of blocks. The spikes in the blocks are to be ¼ inch pyramid spikes.

Gates: Teams will be permitted in the facility an hour and a half prior to competition. Spectator gates will open one hour prior to competition. The gates closest to the finish line will be closed at the beginning of competition. All competitors are to enter and exit the track from the gate closest to the clerks' tent.

Team Camp Site: Tents may be set-up on the outer fence. Tents may not be set-up along the fence that surrounds the track or in the home bleachers. The visitor's bleachers may be used for tents.

Other Information: All coaches must remain out of the timing and judging areas. **The infield area (end zone to end zone ) will be prohibited. Coaches will not be permitted to stand or sit in the prohibited areas.** Coaches are permitted to confer with their long jump, high jump, and pole vault athletes in the designated areas. Coaches are not allowed to point out technique errors using an electronic device. Admission fee will be \$6.00. All results will be posted outside of the press box and viewable on [www.baumspage.com](http://www.baumspage.com). Each team may have no more than 2 statisticians. Statisticians are not permitted in the press box to keep their books. The press box is restricted to officials, meet workers, and coaches. **All video taping should be done from the bleachers.** An athlete will be disqualified if they watch play-back in between trials. Coaches should direct their busses to park in the lower lot. A parking attendant will be present to guide the busses.

Coaches,

I wish you and your student-athletes the best of luck for the 2013 season and throughout the tournaments.

Sincerely, Kristin Ruby Meet Manager



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May 21<sup>st</sup>, 2013



**Field Events- Preliminary Trials and Final 4:00p.m.**

Boys Discus	(Prelims: 2-1)	(Finals: 1-1-1)
Girls Shot Put	(Prelims: 2-1)	(Finals: 1-1-1)
Boys Long Jump	(Prelims: 1-1-1)	(Finals: 1-1-1)
Girls High Jump		
Boys Pole Vault		

**Track Events – Rolling Schedule 4:15p.m.**

Girls 100m Hurdles (33") prelims	Top 2 of each heat, next fastest times to semifinals
Boys 110m Hurdles (39") prelims	Top 2 of each heat, next fastest times to semifinals
Girls 100m Dash prelims	Top 2 of each heat, next fastest times to semifinals
Boys 100m Dash prelims	Top 2 of each heat, next fastest times to semifinals
<b>BREAK (5 minutes)</b>	
Girls 200m Dash prelims	Top 2 of each heat, next fastest times to semifinals
Boys 200m Dash prelims	Top 2 of each heat, next fastest times to semifinals
Girls 4 x 800m Relay	<b>FINAL</b>
Boys 4 x 800m Relay	<b>FINAL</b>
Girls 100m Hurdles (33") semifinals	Top 2 of each heat, next fastest times to finals
Boys 110m Hurdles (39") semifinals	Top 2 of each heat, next fastest times to finals
Girls 100m Dash semifinals	Top 2 of each heat, next fastest times to finals
Boys 100m Dash semifinals	Top 2 of each heat, next fastest times to finals
Girls 4 x 200m Relay semifinals	2 Heats – Top 8 times to finals
Boys 4 x 200m Relay semifinals	2 Heats – Top 8 times to finals
<b>BREAK *</b>	

- (a) The first heat of the girls 4x100 relay may begin no earlier than 15 minutes after the start of the first heat of the Girls 4x200Relay.  
 (b) The first heat of the boys 4x100 relay may begin no earlier than 15 minutes after the start of the first heat of the Boys 4x200 Relay.

Girls 4x100m Relay semifinals	2 Heats – Top 8 times to finals
Boys 4x100m Relay semifinals	2 Heats – Top 8 times to finals
Girls 400m Dash semifinals	Top 8 times to finals
Boys 400m Dash semifinals	Top 8 times to finals
Girls 300m hurdles (30") semifinals	Top 8 times to finals
Boys 300m hurdles (36") semifinals	Top 8 times to finals
Girls 800m Run semifinals	Top 8 times of each heat to finals
Boys 800m Run semifinals	Top 8 times of each heat to finals
Girls 200m Dash semifinals	Top 2 of each heat, next fastest times to finals
Boys 200m Dash semifinals	Top 2 of each heat, next fastest times to finals
<b>BREAK *</b>	

- (c) The first heat of the girls 4x400 relay may begin no earlier than 20 minutes after the start of the first heat of the girls 200 meter.  
 (d) The first heat of the boys 4x400 relay may begin no earlier than 20 minutes after the start of the first heat of the boys 200 meter.

Girls 4 x 400m Relay semifinals	2 Heats – Top 8 times to finals
Boys 4 x 400m Relay semifinals	2 Heats – Top 8 times to finals



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May 25<sup>th</sup>, 2013

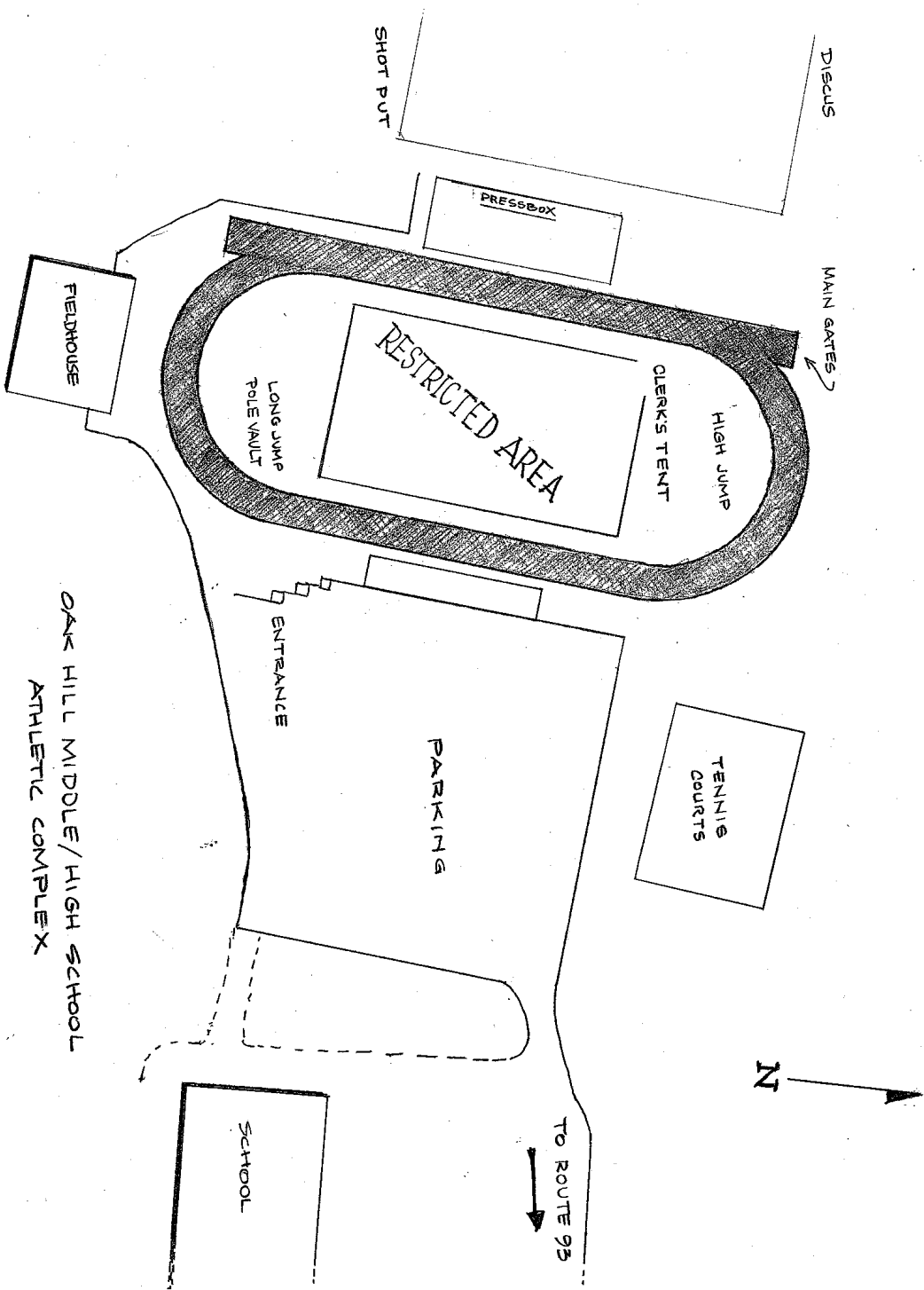


Field Events- Preliminary Trials and Final 3:00p.m.

Girls Discus	(Prelims: 2-1)	(Finals: 1-1-1)
Boys Shot Put	(Prelims: 2-1)	(Finals: 1-1-1)
Girls Long Jump	(Prelims: 1-1-1)	(Finals: 1-1-1)
Boys High Jump		
Girls Pole Vault		

Track Events – Rolling Schedule Finals 3:15p.m.

Girls	100m Hurdles (33")
Boys	110m Hurdles (39")
Girls	100m Dash
Boys	100m Dash
Girls	4 x 200 Relay
Boys	4 x 200 Relay
Girls	1600m Run
Boys	1600m Run
Girls	4 x 100m Relay
Boys	4 x 100m Relay
Girls	400m Dash
Boys	400m Dash
Girls	300m Hurdles (30")
Boys	300m Hurdles (36")
Girls	800m Run
Boys	800m Run
Girls	200m Dash
Boys	200m Dash
Girls	3200m Run
Boys	3200m Run
Girls	4 x 400m Relay
Boy	4 x 400m Relay



## **2013 OHSAA District Track – Online Entry Instructions**

Submit entries online at [www.baumspage.com](http://www.baumspage.com) before **7:00 PM on Monday, May 20!**

Entry window opens at 8:00 AM, April 28 and **closes precisely at the time listed above!**

**Late entries will not be accepted without payment of a \$150 late fee and approval by the OHSAA!**

**Entry Requirements:** \*See complete regulations at:  
[www.ohsaa.org/sports/tf/tfrgl.htm](http://www.ohsaa.org/sports/tf/tfrgl.htm)

1. **A maximum of two eligible athletes may be named on the entry form for each event** other than relay events. \*See OHSAA Regulations – Sect. 5.4
  - a) **A contestant shall not be entered in more than four individual events including relays!**
2. **Members of relay teams must be designated prior to competing the first time.**
  - a) All members of a relay team must be listed on the **Numeric Roster** and **Eligibility Certificate!**
3. **Fax, mail, or e-mail an Eligibility Certificate** to the Tournament Manager **before Friday, May 17th!**
  - a) **Fax to ###-###-### Attention: District Tournament Manager**
4. Use the **Online Entry Form** at [www.baumspage.com](http://www.baumspage.com) to submit entries **before the deadline listed!**
  - a) **Submit a complete roster!** The **Numeric Roster** and **Eligibility Certificate** must include everyone!
  - b) **Numbers are required for all athletes before the district entry form can be accessed!**
5. **Substitutions must be submitted online before 12:00 noon the 1st day** the event is contested.
  - a) You may substitute for a contestant who has been entered on the **Online Entry Form** or you may delete. **You may not add a name in an event that was left blank on the Online Entry Form!**
  - b) **A substitute may replace a listed athlete provided the substitute is on the Numeric Roster and provided the substitute is submitted no later than 12:00 noon the first day of competition. After that time no substitutions will be accepted.**

**To register and submit entries online:**

1. Go to [www.baumspage.com](http://www.baumspage.com) | click the link to **Online Entry** or **Login** at the top of the page.
  - a) Or browse to **Track | OHSAA District Tournaments:** select the **district, site, and division.**
  - b) **If you have an account:**
    - i) Click on **Login** and enter your **UserID/E-mail address** and **Password!**
    - ii) If you don't know your **Password**, click the **Forget your password** link to get a new one...
  - c) **If you do not have an account:**
    - i) Click **Apply** and submit an **Application.**
    - ii) Use a valid e-mail address and any password that you can remember!
2. **Submit an “intended” roster early!** Return later to make corrections and final

changes.

- a) Use • **Coaches** • | **Select Teams** to claim your school and team. | Select | Click **Make me the coach**.
- b) Use • **Coaches** • | **Track** | **Modify Athletes** to enter **roster**. Include name, grade, and competitor number for **anyone who could conceivably compete!**  
\*The list will be alphabetized automatically.
  - i) **Numbers are required for all athletes before the district entry form can be accessed!**
- c) Use • **Coaches** • | **Track** | **Submit Rosters** to enter athletes, relays, and **most consistent** marks.
  - i) You will be **required** to submit a **Pupil Activity/Coaching Permit** number for the head coach.
    - a) If the license is not active, enter **None, Pending, etc...** **The field cannot be blank!**
    - ii) **To enter individual events:** Select the athlete from the list and enter the mark.
    - iii) **To enter a relay:** Select the 4 anticipated relay team members and enter the mark.
      - (1) List in expected order. Changes may be made before the team competes!
  - d) **Always** click **Submit Roster** when you finish to submit the roster!
    - i) Click the **Get Printable Roster** to print a copy for your records.
    - ii) What you see on the **Confirmation Form** is what will be submitted for the meet!
  - e) **Return anytime before deadline to make changes!**
3. Substitutions must submitted online before 12:00 noon the first day the event is contested!
  - a) Use • **Coaches** • | **Track** | **Submit Rosters** to access the **Scratch/Substitution** section of the online entry template.
    - i) A **Scratch/Substitution** box will be available below each event **after the entry window closes**'
  - b) **List your changes** in the correction box | click **Add Scratch Info** | repeat for additional changes.
  - c) **Substitutions submitted after 12:00 noon will not be processed!**

**If there are any problems with the Online Form, click the Contact Us link and submit a Help Request!** Please allow up to 8 hours for a response. \*Most responses will be in less than 4 hours.

- Use the **Contact Us** link first! **In an emergency, call Gary Baumgartner at 513-594-6154 or Terry Young at 740-517-0195!**