

Beachwood Track Invitational Saturday, April 20, 2019

Schedule of Events

8:00 AM– Coaches' Meeting – High School South Gym

9:00 AM– Field Events Boy's High Jump (followed by Girls)
Girl's Shot Put (followed Boy's)-4 attempts no finals
Boy's Discus (followed by Girl's)-4 attempts no finals
Girl's Long Jump (followed by Boys)-4 attempts no finals
Girl's Triple Jump (followed Boys)-4 attempts no finals

9:30AM- Running Events

Boys 3200m Run-Final
Girls 100m Hurdles-Semi-Finals
Boys 110m Hurdles- Semi- Finals
Girls 100m Dash-Semi- Finals
Boys 100m Dash –Semi-Finals
Girls 3200m Run-Final
Girls 200m Dash Semi-Finals
Boys 200m Dash-Semi-Finals

*Hurdle and Dash Semi's. Eight fastest times to finals

*Top eight finishers in each event receive awards

*Scoring- [10-8-6-5-4-3-2-1](#)

*Entry limitations- two athletes in each individual event/one relay

12:00PM-Running Events Finals (Girls followed by Boys)

All heats run against time.

4x800m Relay
100m/110 High Hurdles
100m Dash
4x200m Relay
1600m Run
4x100m Relay
400m Dash
300m Int. Hurdles
800m Run
200m Dash

* 4x100m Weight Relay (Shot/ Discus Throwers) **not scored**,
4x400m Relay

Presentation of Awards- Center of Grandstand

Running MVP- Male/Female
Field Event MVP- Male/Female
Team Runner-up Boys and Girls

Team Champion- Boys and Girls