

BELLAIRE RELAYS
****TENTATIVE SCHEDULE OF EVENTS****

10:00 AM

FIELD EVENTS – TRIALS AND FINALS

1ST SESSION

Boys – Pole Vault
 Boys – Long Jump
 Girls – High Jump
 Girls – Shot Put
 Boys – Discus

2ND SESSION

Girls– Pole Vault
 Girls – Long Jump
 Boys – High Jump
 Boys – Shot Put
 Girls – Discus

11:00 AM

RUNNING EVENTS

3200m Run

100m High Hurdles
 110m High Hurdles
 100m Dash
 100m Dash

4 x 800m Relay

200m Dash
 200m Dash

4 x 800m Relay

Shuttle Hurdle Relay

Shuttle Hurdle Relay

Boys

FINAL

Girls Semis (6 fastest times to finals)
 Boys Semis (6 fastest times to finals)
 Girls Semis (6 fastest times to finals)
 Boys Semis (6 fastest times to finals)

Girls

FINAL

Girls Semis (6 fastest times to finals)
 Boys Semis (6 fastest times to finals)

Boys

FINAL

Girls

FINAL (Run on time)

Boys

FINAL (Run on time)

OPENING CEREMONIES & FINALS WILL BEGIN

NO LESS THAN 45 MINUTES AFTER THE SHUTTLE HURDLE RELAY

100m Hurdles/110m Hurdles	Girls then Boys
100m Dash	Girls then Boys
4 x 200m Relay	Girls then Boys
1600m Run	Girls then Boys
4 x 100m Relay	Girls then Boys
400m Dash**	Girls then Boys
300m Low/Intermediate Hurdles**	Girls then Boys
800m Run	Girls then Boys
200m Dash	Girls then Boys
3200m Run	Girls
4 x 400m Relay	Girls then Boys

PRESENTATION OF AWARDS

** The 400m Dash and 300m Hurdles will consist of timed sections (Finals) with the top 6 times placing. The heat order will be slow to fast (i.e. Hot Heat last).