

Larry Cogan Warrior Invitational
Friday April 30, 2021

Coaches,

The 6th annual Larry Cogan Warrior Invitational welcomes you back to the friendly confines of Carrollton. We are back with a new fieldhouse and school building this year. This summer our track will be resurfaced as well! In this packet you will find a time schedule, guidelines and awards, as well as instructions on entering the meet through the Baumspage website. The entry fee is \$150 total for both the girls and boys teams. \$150 Entry fee to be paid to Carrollton Athletic Boosters - Track. Please bring your check or send it to 205 Scio Road Carrollton OH 44615 % Mike Aukerman.

Awards will be given to the top eight in each event, with medals going to 1-2-3 places, and ribbons to the other scorers. Please be sure to use accurate seed times and distances, and understand that open lanes will be used if no times are entered. A MVP for the girls and boys will be awarded at the conclusion of the meet. The top 2 teams will receive trophies. We also added a distance star of the meet for the boys and girls- as well as a top female thrower - in honor of our former state champions, Maddie Dunlap, Cole Lovett and Alivia Bentley.

Scoring will be based on a 10-8-6-5-4-3-2-1 model. We will advance the top 8 times to finals - as we have a finishlynx system. We will allow three entries for each individual event - great time to include others, and allow for competition for postseason spots. We do not have pole vault capabilities, as the EBC does not compete in the pole vault. Parking will be up top by the school for buses.

If you have any questions, feel free to contact me at the high school 330-627-2134 or my cell 330-488-4434.

Yours in Coaching,
Mike Aukerman
Carrollton Head Track Coach

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Participating Teams

Canton Central Catholic
Canton South
Carrollton
East Canton
Fairless
Louisville
Malvern
Minerva
St. Thomas Aquinas
Sandy Valley
Tuscarawas Central Catholic

There were many state champion individuals and teams, state runner-ups, and All-Ohio athletes at the meet the last few years. State, county and school records have been broken. It is a great night to gear up for the postseason and have some great performances under the lights. Our facility is top-notch with a turf field to warm up on, and field events visible from the home stands. We try to put on a great event for you and your kids! They deserve it and this sport is especially all about the kids. I ask for your help in keeping kids out of areas that are exclusive to certain events. I want a relaxed and fun atmosphere for all but need to be cognizant of safety and meet maintenance as well.

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The entry window will be on baumspage.com It closes at 7pm on Thursday, April 29th. Entries must be done via baumspage. We will have a Finishlynx system with a camera and F.A.T. to provide fast, accurate results. **\$150 Entry fee to be paid to Carrollton Athletic Boosters - Track. Please bring your check or send it to 205 Scio Road Carrollton OH 44615 % Mike Aukerman.**

There will be a brief coaches meeting at 4:00pm in the upper part of the press box.

Jimmy BBQ will be provided for coaches and officials.

The field events will begin promptly at 4:30pm. First call will be made at 4:15pm.

The semifinal running events will begin at 5:00pm. Finals of the running events will begin at approximately 6:45pm. This will be a rolling schedule as well - this is attached on the next page.

Long jump will be contested in an open pit format. Boys 4:30-5:30, finals at 5:45. Girls 6:30-7:30, finals at 7:45. Cutoff marks are 17 feet for boys and girls 13 feet. 1st legal jump will be marked for all.

We will use common implements in the shot put & discus. Each participant will get 4 throws in the shot put & discus, and there will be no finals in these events to follow. We will have mark cutoffs at 25 and 75 feet for girls, 35 and 100 for the boys. All 1st throws will be measured. Due to the throws area having limited light, we will go four throws - no finals, in flights.

Spikes are to be $\frac{1}{4}$ in length or less. We are requesting that there be no athletic tape or otherwise used on the track surface. If an athlete wants to mark steps etc., he/she will have to use chalk, sticks, etc. **NO ATHLETES WILL BE PERMITTED ON THE FOOTBALL PLAYING FIELD.** Areas will be marked off behind the end zone line. Regular starting blocks will be provided. Teams will use their own batons.

Buses are to park in the parking lot by the new school - at the top of the hill in large parking lot.

Teams may set up their tents on the visitor side bleachers, or along the fence on the visitor side of the stadium.

Trophies will be awarded to the Team Champion, and the Runner-Up Team. Medals will be awarded for 1-2-3rd places. Ribbons will be awarded to the 4th-8th place finishers of each event. A Most Valuable Performer will be awarded at the conclusion of the meet to a girls and boys participant. Each head coach will vote in the press box at the conclusion of the meet.

Admission is \$6 for adults and \$4 for students/children. No charge for ages 5 and under. There will be a concession stand selling food and drinks for athletes, parents, etc. There will be a hospitality room for workers, officials, and coaches in the top of the press box.

There will be Larry Cogan Warrior Invitational t-shirts sold before, during, and after the meet at the gate. These t-shirts will cost \$12.00. Results will be posted at the press box after each event and to baumspage following the meet.

Meet to be held at the Carrollton Community Field 205 Scio Road Se Carrollton, OH

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<u>4:30PM Field Events</u>	(First Call at 4:15PM)
Boys Discus	(Girls to follow) 4 throws, No Finals
Girls Shot Put	(Boys to follow) 4 throws, No Finals
Girls High Jump	(Boys to follow)
Boys Long Jump	(Girls to follow) Open pit 4:30-5:30, top 9 to finals at 5:45. Girls open pit 6:30-7:30, finals at 7:45.

<u>5:00 PM Preliminaries</u>	Approx times (just to use as a benchmark for warm up times)
Girls 100 Meter Dash	approx 5:00
Boys 100 Meter Dash	approx 5:10
Girls 4 x 800M Relay (Finals)	approx 5:20
Boys 4 x 800M Relay (Finals)	approx 5:35
Girls 200 Meter Dash	approx 5:50
Boys 200 Meter Dash	approx 6:00
Girls 110 Meter Hurdles	approx 6:10
Boys 110 Meter Hurdles	approx 6:20

20 minute break after the finish of the High Hurdles prelims (or slower section of boys 2 mile if needed)

Boys 110 Meter Hurdles	approx 6:45
Girls 100 Meter Hurdles	
Girls 100 Meter Dash	approx 6:55
Boys 100 Meter Dash	Wheeled athletes to follow
Girls 4 x 200M Relay	approx 7:00
Boys 4 x 200M Relay	
Girls 1600 Meter Run	approx 7:15
Boys 1600 Meter Run	
Girls 4 x 100M Relay	approx 7:35
Boys 4 x 100M Relay	
Girls 400 Meter Dash	approx 7:45
Boys 400 Meter Dash	Wheeled athletes to follow
Girls 300 Meter Hurdles	approx 8:05
Boys 300 Meter Hurdles	
Girls 800 Meter Run	approx 8:30
Boys 800 Meter Run	Wheeled athletes to follow
Girls 200 Meter Dash	approx 8:45
Boys 200 Meter Dash	
Girls 3200 Meter Run	approx 8:55
Boys 3200 Meter Run	
Girls 4 x 400 M Relay	approx 9:30
Boys 4 x 400 M Relay	

Final # of heats will be determined when entries are received. Bullpen Clerk has the right to combine heats if the # of participants drop to allow it. Awards (approximately 15 minutes after last race) in the press box.

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