

Cleveland Heights Ned Weingart Relays

Meet Information

Date: Saturday, April 25, 2015

*The Ned Weingart Relays will be held on the 4th Sat. in April every year.

Times: 8:30am Facility opens to teams

9:00am Coaches Meeting

9:30am Field Events

10:00am Running Events

Location: Cleveland Heights High School
13263 Cedar Rd.
Cleveland Heights, OH 44118

Admission: \$6.00 adults
\$3.00 children/seniors

Entries: The entry window will open on baumspace.com at 8am on Monday, April 13. All entries are due by 9:00am on Friday, April 24. There will be no scratch/substitutions window. Please make any changes to your entries by 9am on Friday. Each team may enter one relay team per event and 2 individuals per event.

Scoring and Awards: Field event performances will be added between team members and scored as a team effort. Eight places will be scored (10-8-6-5-4-3-2-1). 1st place will receive a relay baton award. 2nd- 6th will receive medals. Team trophies will be awarded for champion and runner-up. Awards will be given for most outstanding male and female athletes.

Finals Qualification: The 2 events that will have a prelim and a final are the 100m dash and 100m/110m hurdles. Qualifiers to the finals will consist of the winner of each heat and the next fastest times, totaling 8 finalists. Without knowing the exact number of athlete entries, we won't know how many heats of each event there will be until the entry window closes on baumspace.

Pole Vault: Depending on the number of entries, boys and girls may be run together. Starting heights will be determined based on entries. The highest height of each team member will be added for the relay team score.

High Jump: Women will high jump first. Men will be able to warm up immediately following the women's competition. There will be a 20 minute warm-up period before men's high jump is started. This 20 minute warm-up period will begin as soon as the final women's competitor finishes. Starting heights will be determined based on entries. The highest height of each team member will be added for the relay team score.

Long Jump: Long jump will operate as an open pit for strictly 60 minutes. During this time, each competitor may make up to 4 attempts. Men will long jump first. Women will be able to warm up immediately following the men's competition. There will be a 20 minute warm-up period before women's long jump is started. This 20 minute warm-up period will be from 10:30-10:50, after which the women's competition will begin. Best distance from each team member is added for the relay team score.

Shot Put: Shot put will operate in flights, which will be determined by entries. Each competitor will be allowed 4 throws. Men will throw shot put first. Once the men's shot put and women's discus have finished, the genders will switch events. Best distance from each team member is added for the relay team score.

Discus: Discus will operate in flights, which will be determined by entries. Each competitor will be allowed 4 throws. Women will throw discus first. Once the men's shot put and women's discus have finished, the genders will switch events. Best distance from each team member is added for the relay team score.

Throwing Implements: Each school must provide their own throwing implements.

Meet Director: Nick Continenza
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