

Cleveland Heights High School
Ned Weingart Relays
Saturday April 23, 2016

8:30 am

Coaches meeting in home bleachers under the press box

9:00 am

Men's Pole Vault (Women follow at completion)

Men's Long Jump (Women follow at 10:50am)

Women's High Jump (Men follow at completion)

Men's Shot Put (When both shot and disc conclude, genders will switch events) Women's Discus

9:30 am

Finals: Women's Distance Medley (800-400-1200-1600)

Men's Distance Medley (800-400-1200-1600)

Women's 100m Hurdles

Men's 110m Hurdles

Prelims: Women's 100m Dash Men's 100m Dash

The 4x800 will start 30 minutes after the conclusion of the men's 100m dash prelims.

Finals: Women's 4x800 Relay

Men's 4x800 Relay

Women's 100m Hurdles

Men's 110m Hurdles

Women's 100m Dash

Men's 100m Dash

Women's Sprint Medley (100-100-200-400)

Men's Sprint Medley (100-100-200-400)

Women's 1600m Run

Men's 1600m Run

9th/10th Women's 4x100 Relay

Women's 4x100 Relay

9th/10th Men's 4x100 Relay

Men's 4x100 Relay

Women's 400m Dash

Men's 400m Dash

Women's 300m Hurdles

Men's 300m Hurdles

Women's 4x200 Relay

Men's 4x200 Relay

Women's 400m Shuttle Hurdle Relay (30'') Men's 440m Shuttle Hurdle Relay (36'')

Women's 3200m Run

Men's 3200m Run

9th/10th Women's 4x400 Relay

Women's 4x400 Relay

9th/10th Men's 4x400 Relay

Men's 4x400 Relay