

Weingart Invitational Track and Field Meet

After looking at format and the length of the Weingart Relays in the past it has been brought to my attention the it was not clear to what kind of meet we were putting on an invitational or a relay meet. After looking over the events and the date of the Weingart Relays, and talking it over with track and knowledgeable people I have decided to go to an invitational format.

All this means is that we would be contesting open events in all field events, this year we again will not be about to contest the pole vault, the 100m dash, 200m dash, 100m H for girls, 110m HH for boys, 300m IH, 400m dash, 800m Run, 1600m Run, 3200m Run, We also will have the relays 2x800m relay, 4x200m relay, 4x100m relay, and 4x400m relay, we will also contest the freshman/sophomore 4x100m relay and 4x400m relay.

These changes should assist in the meet moving at a good pace. We will still have great awards, and an outstanding hospitality room, without having an extra long meet.

Order of Events:

8:00 a.m.

Coaches Meeting

9:00 a.m.

Field Events

Boys High Jump, girls will follow

Girls Long Jump, boys will follow

Boys Discus, girls will follow

Girls Shot Put, boys will follow

10:00 a.m. (All Events girls will go first followed by the boys events)

Trials

100m Hurdles

110m HH

100m Dash (G)

100m Dash (B)

200m Dash (G)

200m Dash (B)

Boys 3200m Run

We will take a break until noon, then we will start the finals, if it is close to noon we will break 30 minutes then begin the finals.

National Anthem

Finals

4x800m Relay (G)

4x800m Relay (B)

100m Hurdle Finals

110m HH Finals

100m Dash Finals (G)

100m Dash Finals (B)
4x200m Relay Girls
4x200m Relays Boys
1600m Run (G)
1600m Run (B)
4x100m Relay (G)
4x100m Relay (B)
4x100m Relay JV (G)
400m Dash (G)
400m Dash (B)
300m IH (G)
300m IH (B)
800m Run (G)
800m Run (B)
200m Dash Finals (G)
200m Dash Finals (B)
3200m Run Girls
4x400m Relay JV (G)
4x400m Relay JV (B)
4x400m Relay (G)
4x400m Relay (B)