

## Welcome Letter

March 20, 2017

I would like to take a moment and welcome all the teams competing in this year's Ned Weingart Relays, this is the 34th Annual relays and as you read we have made some major changes to this year meet.

This year the Ned Weingart Relays will be held on Saturday April 22nd, 2017, we have switched to an invitational format with each school being able to enter two competitors in each open event and one relay per team. The JV 4x100m relays and the JV 4x400m relays are 9th/10th relays, no juniors or seniors will be allowed to participate on those relays.

The start time will be 9:00 a.m. for field events and 10:00 a.m. for running prelims, a coaches meeting at 8:00 a.m. The shot put and discus will be contested at Monticello Middle School, there will be transportation to shuttle the athletes to that venue and back to Cleveland Heights High School.

Placing: Eight places will be scored. **10-8-6-5-4-3-2-1**

Awards: Trophies will be awarded to the top three teams.

1st 4th receive plaques while 5th 8th will receive trophies.

Field events: Long jump, high jump, shot put, discus. Again there will be no pole vault this year. All field events are open events.

Running events: 100m hurdles for girls, 110m HH for boys, 100m dash, 1600m Run, 400m Dash, 300m IH, 800m Dash, 200m Dash, 3200m Run.

Relays: 4x200m Relay, 4x800m Relay, 4x100m Relay (Varsity and 9th/10th grade), 4x400m Relay (Varsity and 9th/10th grade).

We sincerely hope you and your teams will be able to join us this coming season in beautiful Cleveland Heights for the Ned Weingart Relays. Please RSVP for the Weingart Relays by responding to the official contract on the MYOHSAA and contacting the Cleveland Heights High School athletic department. The entry fee should be sent in to our athletic department. Feel free to contact me directly with any questions.

Sincerely,

Scott Gay  
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