

# 37<sup>th</sup> Annual Ned Weingart Relays – Cleveland Heights High School

**Saturday April 10, 2021**

Welcome to the 37<sup>th</sup> annual Ned Weingart Relays! This year's event will be held on Saturday, April 10<sup>th</sup> at Cleveland Heights High School.

Start time: 10am running and field events begin

Coaches/Officials meeting will be at approximately 11am

**Field Events schedule: 10am start time, then break, 1pm (estimated) start time**

## **10am Field Events**

Shot Put – Girls

Discus – Boys

High Jump – Girls

Long Jump – Boys

Pole Vault - Girls

## **1pm Field Events**

Shot Put – Boys

Discus – Girls

High Jump – Boys

Long Jump – Girls

Pole Vault – Boys

**Running Events (rolling time schedule): 10am start time. In each event, girls run first, followed by boys.**

100 Hurdles (prelims) (G) / 110 Hurdles (prelims) (B)

100m Dash (prelims)

Distance Medley Relay - (800m, 400m, 1200m, 1600m)

Break – Coaches meeting at 11am

4x800m Relay

100 Hurdles (finals) (G) / 110 Hurdles (finals) (B)

100m Dash (finals)

4x200m Relay

1600m Run

4x100m Relay

400m Dash

300 Hurdles

800m Run

200m Dash

Sprint Medley Relay – (100m, 100m, 200m, 400m)

3200m Run

4x400m Relay

Cleveland Heights Senior Night to be hosted at conclusion of running events

Scoring: 8 places scored (10-8-6-5-4-3-2-1)

Awards: Trophies awarded to the top 2 teams per gender. Medals awarded to the top 3 placers per event. MVP plaques awarded to top female and male athletes as voted on by head coaches at the end of the meet.

Entry Fee: \$200/team (boys and girls counted as separate teams) – Make checks payable to Heights Cross Country

Entries: 2 athletes per individual event, 1 team per relay event

We sincerely hope that you'll join us this season for the Ned Weingart Relays at Cleveland Heights High School! Please RSVP by accepting the contract on Arbiter or contacting the Athletic Department (Joe D'Amato – [j\\_damato@chuh.org](mailto:j_damato@chuh.org) or 216-320-3015). Feel free to contact Assistant Coach Caitlyn Saxton with any questions at [caitlynsaxton@gmail.com](mailto:caitlynsaxton@gmail.com) or contact Head Coach Scott McNulty (440-336-5938) at any time.