

116th COLUMBIANA COUNTY TRACK & FIELD CHAMPIONSHIP MEET
REILLY STADIUM - SALEM, OHIO
TUESDAY, APRIL 30, 2019 4:30 p.m.

COACHES / ATHLETIC DIRECTORS:

Welcome to Salem High School and Reilly Stadium. We are happy to serve as your host school for the 116th Columbiana County Track & Field Championships. Please review the following information carefully. It should be helpful in preparing you and your team for our meet.

1. Scoring will be 10-8-6-5-4-3-2-1. Eight (8) places will score in both running and field events. Awards will be given for eight (8) places in each event. Awards will be available for all coaches at the conclusion of the meet in the press box. Please arrange for someone to get yours. Complete results will be available on baumspage.com.
2. Locker rooms will NOT be provided. Restrooms are located on the back side of the main bleachers for your convenience. Athletes should come dressed to compete.
3. Only 1/8" spikes or 1/4" spikes in recessed soles will be permitted on the all-weather track and runways. Of course any flat rubber sole shoe may be worn. All shoes will be checked upon entry and any runner or jumper competing with improper spikes will be disqualified. This rule will be strictly enforced. 1/8" spikes will be available from the meet director at a nominal price.
4. NO SPIKES are permitted in the bleachers or stands.
5. TRACK UNIFORMS: Please review with your athletes the uniform rule 4.3 in the 2019 Rules Book and the situations in the 2019 Case Book on pages 27-33. Athletes who compete in an illegal or non-traditional track uniform will be disqualified. Removal of any portion of the team uniform, except shoes, in the areas of competition is prohibited. IT IS THE RESPONSIBILITY OF THE COACH to make sure each athlete is dressed properly in compliance with the NHSF rules.
6. Bring your own starting blocks. Bring your own batons. Contestants in the throwing events will use their own implements. Please check before exiting the stadium to make sure you leave with all the equipment you brought to the track.
7. Only tongue depressors or tennis balls may be used as markings on the track and runways. Tennis balls will be provided. NO TAPE is to be used on any track or runway surfaces.
8. Report any scratches or changes to the clerk of course at the staging area or the event judge at the field events. Last minute changes can be made at the finish line trailer until 4:30 pm the day of the meet.
9. All four (4) relay runners must report to the clerk of course at the time the event is announced.
10. Please have your athletes listen closely to the announcer and report promptly for all events. The staging area for all running events is located at the north-west corner of the stadium. Jumping events are contested on the infield and throwing events are held behind the main bleachers.
11. THROWING EVENTS: Each contestant will be given four (4) trials and the top eight (8) will score. All legal throws will be measured and recorded.

12. Event judges (discus and shot put) will weigh and identify all implements to be used by athletes in these events. The implements must meet all National Federation specifications or they may not be used in competition.

13. The one minute rule will be enforced in the high jump, shot put and discus. The games committee has established that any competitor in a field event excused to compete in another event will have a time limit of ten (10) minutes. Procedure to follow for competitors excused to another event and any necessary time adjustments will be determined by the field event judge.

14. The "OPEN PIT" procedure will be used in the long jump. Contestants will receive four trials. Contestants have one hour to get in their four jumps. One jump only is permitted in the final 15 minutes of competition. The top eight (8) will score. All legal jumps will be measured and recorded.

15. The pole vault WILL NOT BE CONTESTED.

16. RESTRICTED / COMPETITIVE AREAS: Non-competitors and coaches will not be permitted on the track or infield. ALL non-competitors must stay outside the perimeter track fence. Camps should be set up in the east bleachers. The band shell will not be used. The main bleachers are reserved for spectators. Competition in throwing events will take place behind the stadium. Areas inside the roped off sections are restricted to competitors and officials only. The use of electronic devices, including headphones, is prohibited in all areas of competition.

17. Entries will be accepted ONLINE only on baumspage.com! Coaches are encouraged to submit your intended roster early. You can return later to make corrections and final changes. Please refer to the Help Page on baumspage if you need help. **THE WINDOW FOR ENTRIES OPENS SUNDAY, APRIL 14, 2019 AT 12:00 a.m. THE WINDOW FOR ENTRIES WILL CLOSE AUTOMATICALLY SUNDAY, APRIL 28, 2019 AT 12:00 p.m. PLEASE MAKE SURE YOUR ENTRIES ARE COMPLETE BY THAT TIME AS ONCE THE WINDOW CLOSSES, ENTRIES WILL NO LONGER BE ACCEPTED FOR THE MEET. THERE ARE NO SCRATCH/SUBSTITUTIONS ONLINE.**

18. Please plan to arrive in time to attend the coaches meeting at 4:15 pm. You will receive a packet as you enter the stadium with heat and lane assignments for running events and flight assignments for field events. Any other necessary information will also be included.

19. No glass bottles or cans are permitted inside the stadium. Salem High School will not be responsible for any personal vandalism or loss of property. Please take the necessary precautions.

20. Admission prices will be \$4.00 for students and \$7.00 for adults. Please inform your students and parents of our admission policy.