

11th Annual Don Faix Memorial Invitational
Jack Lambert Stadium - Crestwood High School, Mantua Ohio
Saturday, April 1, 2017 at 9:00am

Crestwood High School is proud to host the 11th annual Don Faix Memorial Invitational; it is in honor of our legendary track coach, the late Coach Faix. It is with great pleasure that we welcome you to Jack Lambert Stadium, and hope you all have a successful meet and a healthy & successful season.

Payment for Entry Fee: \$125.00 Team \$250.00 for Boy's & Girl's Teams combined

Make all checks payable to: Crestwood All Sports Boosters or CASB

Online Entry: Opens Sunday, 3/19 8:00 a.m. – Closes Thursday, 3/30 8:00 p.m.

Please note the following information:

Gates Open: 7:30 AM

Coaches Meeting: 8:30 AM in the field house

ORDER OF EVENTS

Field Events:

Start promptly at 9:00 AM

2 individuals from each team per event

Boys Shot – In flights, 2 attempts, 1 attempt, 9 best go to finals

Girls Long Jump – Open pit, best of 4 jumps

Girls Discus – In flights, 2 attempts, 1 attempt, 9 best go to finals

Boys High Jump – Starting height 4'2" for girls and 4'8" for boys
2" increments to 5'2" for girls, 5'8" for boys, then 1" increments
5 Alive Format.

****If an athlete has to leave a field event to compete in another event, we will allow them 10 minutes from the finish of that event to return, if they do not return in 10 minutes, they will be scratched.***

Track Events:

Preliminaries start promptly at 10:00 AM - 2 individuals from each team per event - Girls events first, then boys

100/110 meter hurdles

100 meter

Girls 4 x 800 (final)

Boys 4 x 800 (final)

200 meter

The top eight times advance to finals.

JV 1600 meter (non-scored event)

Finals:

100/110 meter hurdles

100 meter

4 x 200 meter relay

1600 meter

4 x 100 meter relay

400 meter

300 meter hurdles

800 meter

200 meter

3200 meter

4 x 400 meter

Awards:

Team Champion and Runner-up trophies will be awarded to the top 2 boys' teams and the top 2 girls' teams.

Top 3 places in individual events and relays will receive a special commemorative medal, and places 4-8 will receive ribbons.

Ribbons awarded to top 8 in JV mile.

DON FAIX MEMORIAL INVITATIONAL
RULES AND REGULATIONS

1. Please enter your athletes on www.baumspage.com. Entry window opens, Sunday, March 20 at 8:00 am, and closes Thursday, March 30 at 8:00pm. Only emergency scratches/changes will be made on Saturday, and no re-seeding will take place.
2. Entries for semi-finals will be assigned with fastest times distributed equally among the heats. All others will be fastest heat last. All running events will be timed by our own FAT FinishLynx timing system
3. The JV mile will not enter into the team score. Ribbons will be awarded to the top 8 finishers.
4. Please see ORDER OF EVENTS for heights of the high jump bar. Meet officials may adjust these heights according to entries and weather. If an athlete has to leave to run an event, they must be back to the high jump within 10 minutes after the completion of that event to continue jumping. If not, their jump will be forfeited.
5. Shot put and discus are thrown from concrete pads. Jumping surfaces are the same as the track.
6. The track is a rubberized all weather surface. Spikes should be 1/4" or smaller. Shoes will be inspected to protect the track.
7. Shot and discus will be run in 2 flights of 10, 2 attempts, 1 attempt, best 9 to finals. Team members are responsible for returning their teams implements. Weigh-ins will take place in garage behind discus cage upon arrival. Throwing implements will be placed in a common pool.
8. Girl's long jump will be run open pit from 9:00-11:00. There will be a short break after the girls, and then the boys will go. Athletes should check in before their jump to be sure the clerk knows their name. Athletes MUST let the clerk know if they have to leave to run an event. If the time expires and the clerk does not know where the athlete is, they will forfeit any remaining jumps. Each athlete gets 4 jumps, no finals will be held.
9. Team scoring will be 8 places: 10, 8, 6, 5, 4, 3, 2, 1
10. Teams may set up tents. Please look at map for designated locations.
11. Only athletes in uniforms will be allowed in with the teams.
12. Tickets will be \$6 for adults, \$4 for seniors/students.
13. Programs will be available, including heat sheets, for \$2.
14. T-shirts will be available.
15. Concessions will be available.
16. Results will be available at www.baumspage.com

On behalf of the Crestwood All-Sports Boosters and the Crestwood Athletic Department, I would like to thank you again for your participation in the Don Faix Memorial Invitational. Good luck at this meet and throughout your season. Please contact either myself or our Director of Athletics if you have any questions.

Tyler Coia, Meet Manager

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Bob Dean, Director of Athletics & Activities

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