

**2019 E.P. Relays Track and Field Meet**  
**Friday, April 19, 2019**  
**Order of Events**

4:30 p.m. Field Events    Girls Shot Put  
                                  Boys Discus  
                                  Boys High Jump  
                                  Girls Long Jump  
                                  Girls Discus, Boys Shot Put, Boys Long Jump and Girls  
                                  High Jump will follow immediately after completion of  
                                  each event above.

4:30 Running Events:    Girls 4 x 1600 m Relay  
                                  Boys 4 x 1600 m Relay  
                                  Girls Shuttle Hurdle Relay (30")  
                                  Boys Shuttle Hurdle Relay (30")  
                                  Girls 4 x 100 m Relay  
                                  Boys 4 x 100 m Relay  
                                  Girls Distance Medley Relay (800-400-1200-1600)  
                                  Boys Distance Medley Relay (800-400-1200-1600)  
                                  Girls 4 x 200 m Relay  
                                  Boys 4 x 200 m Relay  
                                  Girls 4 x 800 m Relay  
                                  Boys 4 x 800 m Relay  
                                  Girls Sprint Medley Relay (100-100-200-400)  
                                  Boys Sprint Medley Relay (100-100-200-400)  
                                  Girls 4 x 400 Relay  
                                  Boys 4 x 400 m Relay