

Monday SpectRACKular

Fairbanks High School

April 22, 2019

Field Events: Begin at 5:00pm

Shot: Girls followed by Boys – 4 throws

Discus: Boys followed by Girls - 4 throws

High Jump: Girls followed by Boys

Long Jump: Boys & Girls at same time (60 minute open pit) - 4 Jumps

Pole Vault: No Pole Vault

Running Events: Begin at 5:30pm

4x800 Relay & 3200m: Boys and Girls will be running together.

Entries: Make entries on Baumspage by 9pm on Saturday April 20th.

Entry Limits per team: 6 per race, 2 per relay, unlimited field events

Scratches and Subs: Make changes at Finish line Tent upon arrival.

Results: Will be posted to baumspage at the conclusion of the meet.

Attending Schools: Jonathan Alder, Fairbanks, Watterson

Direct questions to:

Meet Manager: Justin George, jgeorge@fairbankspanthers.org

Athletic Director: Larry Morris, lmorris@fairbankspanthers.org

Head Coach: Mike Van Winkle, vanwinkle.michael@gmail.com,

614-203-7319