

Fairless Falcon Invitational 2018

Dear Coach,

The purpose of this letter is to provide you with information regarding the Fairless Falcon Invitational that will be held on Saturday, March 31. There are a few changes this year including the name and the start time for the event. The coaches meeting will be held at 9:00am in the high school cafeteria. Field events will begin at 9:30am with running prelims beginning at 10:00am. We will have a short break of 15-20 minutes after the boys 4x800m relay. Finals will start immediately following this break.

We will be using Baumspage for entries. The window for entries will open on Thursday, March 22 at 5:00pm and will close at 11:59pm on Thursday, March 29. There will be scratches in the HS Cafeteria the day of the meet.

The following teams, in addition to Fairless, will tentatively be competing for both the boys and the girls. There is the possibility of more teams being added before the end of the month:

CCC	CVCA	Tuslaw
Canton South	East Canton	Wayedale
Carrollton	Malvern	West Holmes
Claymont	Northwest	Wickliffe
	Sandy Valley	

We look forward to seeing all coaches and your athletes at our invitational. Let's hope for great weather! Feel free to contact us with any questions or concerns.

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Meet Managers,

Ben Russell

Head Track and Field Coach

Kevin Bille

Athletic Director

Field event Info:

Starting Heights for High Jump and Pole Vault will be based off of the entries that are received.

Long Jump

3 jumps, top 9 to finals for an additional 3 jumps.

-Boys open pit from 9:30-11:30am, finals immediately following

-Girls will begin immediately after boys finish

Shot and Discus

3 throws, top 9 to finals for an additional 3 throws

Awards

At the conclusion of the meet we will present the awards. The first and second place teams will receive a trophy. Medals will be given to the 1st through 3rd place finishers. Ribbons will be presented to the 4th through 8th place finishers.

We will also have awards for running athlete and field athlete of the meet for boys and girls. Nominations can be made during the boys and girls 3200m run in the press box.

Notes of importance

- Only 1/8" or 1/4" pyramid spikes may be worn on the all weather surface
- No tape allowed on all weather surface, chalk may be used to mark steps
- The concession stand will be available throughout the day
- Tri-county invitational shirts will be for sale – the cost is \$15
- There will be a weigh in for implements used in the Shot Put and Discus located in the garage behind the concession stand.
- We will be using a Finish Lynx timing system (FAT) with a finish line scoreboard.
- We request that tents be set up on the visitor's side of the stadium and away from the roped off area near the discus.
- We will have breakfast for coaches and bus drivers beginning at 8:45am in the FHS cafeteria.
- Scratches can be made prior to the coaches meeting in the FHS cafeteria.
- Results will be posted at the concession stand by the restrooms.
- Please remind your athletes to stay off of the infield.

Schedule of events

9:30am – Field Events

Pole Vault - Boys followed by girls
Long Jump - Boys followed by girls
High Jump – Girls followed by boys
Discus - Girls followed by boys
Shot Put - Boys followed by girls

Running Events

10:00am (Semi-Finals)- Top 8 times to Finals

100m Hurdles- Girls
110m Hurdles- Boys
100m- Girls
100m- Boys
3200m R- Girls (Final)
200m- Girls
200m- Boys
3200m R- Boys (Final)

Brief Break

Finals

1. 100mH- Girls	12. 400m- Boys
2. 110mH- Boys	13. 300mH- Girls
3. 100m- Girls	14. 300mH- Boys
4. 100m- Boys	15. 800m- Girls
5. 800m R- Girls	16. 800m- Boys
6. 800m R- Boys	17. 200m- Girls
7. 1600m- Girls	18. 200m- Boys
8. 1600m- Boys	19. 3200m- Girls
9. 400m R- Girls	20. 3200m- Boys
10. 400m R- Boys	21. 1600mR- Girls
11. 400m- Girls	22. 1600mR- Boys

(continued above right)