



Federal League Track and Field Championships
Green Memorial Stadium
May 13th, 2016



4:30pm Field Events

Boys LJ: (1 flight; Girls to follow)	Top 8 to finals
Girls HJ (Boys to follow)	
Boys PV (Girls to follow)	
Girls SP (Boys to follow) (1 flight)	Top 8 to finals
Boys Disc (Girls to follow) (1 flight)	Top 8 to finals

5:30 Timed Finals (Rolling Schedule; Girls first in every event)

We will run the fastest 8 entries in the second section of each race under 400m.

4 X 800 Relay	(1 section each)
100/110m Hurdles	(2 sections each)
100m Dash	(2 sections each)
4 X 200m Relay	(1 section each)
1600m Run	(1 section each)
4 X 100m Relay	(1 section each)
400m Dash	(2 sections each)
300m Hurdles	(2 sections each)
800m Run	(1 section each)
200m Dash	(2 sections each)
3200m Run	(1 section each)
4 X 400m Relay	(1 section each)

At the conclusion of the meet, coaches can pick up the All Federal League First Team Plaques (Certificates to be printed by each respective school).

Coach of the Year Voting- Each school receives 1 vote per team (1 girl's vote/1 boy's vote)

Athlete of the Year Voting - coaches may nominate athlete; Each school permitted one vote per gender.

All voting will take place immediately upon the conclusion of the meet at the finish line.

Boys Teams

GlenOak - Scott Ferrell
Hoover - David Neitzelt
Jackson - Scott Stayer
Lake - Matt Pinion
McKinley - Mike Hedrick
Perry - JP Sexton
Green – Paul Hane

Girls Teams

GlenOak - Scott Ferrell
Hoover - David Neitzelt
Jackson - Rick Neitzelt
Lake - Matt Pinion
McKinley - Mike Hedrick
Perry - JP Sexton
Green – Jake Saylor