

Dear Coaches:

Welcome to another Fredericktown Invitational

This year we will be using **Baum's Page** as our entry platform. You will make all entries on **Baum's Page**. Please be sure to set up an account as the first step in the entry process. The entry window is open until **Thursday, April 26th at 9:00 pm**. Make sure you have all your entries in by that time. On the night of the meet we want to keep scratches to a minimum. Enter 2 athletes per event plus 1 relay team per relay event.

Good luck this season,

Bob Geiger
Meet Manager
Fredericktown Track & Field

Event date: Friday, April 27th, 2018
Coaches meeting will begin at 4:00pm in the Barn.
Field events will begin at 4:30 pm

Teams:

Danville
Fredericktown
East Knox
Highland
Mount Vernon
Newark Catholic
Clearfork
Mansfield Christian
Loudonville
Centerburg

Order of Events

4:30 Field Events

Shot: Girls then boys (4 throws)

Discus: Boys then girls (4 throws)

Long Jump: open pit 45 minutes for each gender

High Jump: Girls then boys

Pole Vault: Boys then girls

5:45 Prelims (Top eight times will advance to finals)

Girls 100m Hurdles

Boys 110m High Hurdles

Girls 100m Dash

Boys 100m Dash

Girls 200m Dash

Boys 200m Dash

Finals beginning at 6:30pm

Boys 4x800 Relay

Girls 4x800 Relay

Girls 100m Hurdles

Boys 110m High Hurdles

Girls 100m Dash

Boys 100m Dash

Girls 4x200 Relay

Boys 4x200 Relay

Girls 1600m Run

Boys 1600m Run

Girls 4x100 Relay

Boys 4x100 Relay

Girls 400m Dash (Slow heat to fast heat)

Boys 400m Dash (Slow heat to fast heat)

Girls 300m Hurdles (Slow heat to fast heat)

Boys 300m Hurdles (Slow heat to fast heat)

Girls 800m Run

Boys 800m Run

Girls 200m Dash

Boys 200m Dash

Girls 3200m Run

Boys 3200m Run

Girls 4x400 Relay

Boys 4x400 Relay

Coaches pick up awards after the final race of the night.

Thanks,

Bob Geiger

Fredericktown Track & Field