

Fredericktown Invitational 2018

4:00 Coaches meeting in Barn

4:30 Field events begin

Shot Put: Girls then boys 4 throws

Discus: Boys then girls 4 throws

Long Jump: Open pit boys 45 min followed by girls

High jump: Girls then boys

Pole Vault: Boys then girls

5:45 prelims

Girls 100m hurdles

Boys 110m hurdles

Girls 100m dash

Boys 100m dash

Girls 200m dash

Boys 200m dash

Senior Recognition

National Anthem

Approx 6:20 finals (rolling schedule)

Girls 4x800 relay

Boys 4x800 relay

Girls 100m hurdles

Boys 110m hurdles

Girls 100m dash

Boys 100m dash

Girls 4x200 relay

Boys 4x200 relay

Girls 1600m run

Boys 1600m run

Girls 4x100 relay

Boys 4x100 relay

Girls 400m dash

Boys 400m dash

Girls 300m hurdles

Boys 300m hurdles

Girls 800m run

Boys 800m run

Girls 200m dash

Boys 200m dash

Girls 3200m run

Boys 3200m run

Girls 4x400 relay

Boys 4x400 relay