



# Gibsonburg Invitational

Gibsonburg High School

April 18, 2019

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*Welcome to the 12<sup>th</sup> annual Gibsonburg Invitational. Here are some things you might want to know.*

- Teams:** There are 15 teams: Danbury, Elmwood, Gibsonburg, Lake, Maumee Valley CD, North Baltimore, Northwood, Otsego, Ottawa Hills, Rossford, St. Joseph CC, Swanton, Toledo Christian, Van Buren, and Woodmore.
- Scratches:** **Please check the enclosed program. Make sure all your names, times, and distances are shown correctly.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. We will, however, accept changes throughout the meet if necessary.
- Meeting:** There will be a short coaches' meeting at 4:15 in the garage by the pole vault pit.
- Prelims:** There are either 3 or 4 prelim heats in the short sprints. Advancement formulas are shown on the schedule page. In the 300 M Hurdles and 400 M Dash, athletes have been placed into 3 or 4 heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.
- Field Events:** Each contestant will get 4 attempts. Flights will be seeded so the best entries are in the final flight. Please use your own implements. Make sure you have them weighed in the garage by the pole vault.
- Relays:** As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.
- Zones:** We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.  
400 m relay zone 1: Ottawa Hills, Elmwood, Toledo Christian, Otsego  
400 m relay zone 2: MVCD, Swanton, Woodmore  
400 m relay zone 3: North Baltimore, Northwood, SJCC  
800 m relay zone: Rossford, Gibsonburg, Lake, Danbury
- Heights:** We will use these starting heights: Girls HJ 4'4", Boys HJ 5'4", Girls PV 7', Boys PV 8'6"
- Scoring:** We will score 8 places.
- Awards:** There will be team trophies for champion and runner-up for each gender. Individually, plaques will be given for 1<sup>st</sup> through 3<sup>rd</sup> places, with medals for 4<sup>th</sup> through 6<sup>th</sup>.
- Goodies:** There is a hospitality room for all coaches in the garage by the pole vault. Feel free to grab something to eat and drink.
- Markings:** Tape or chalk (provided) is acceptable to mark the high jump. Please use your own tennis balls to mark relay zones.
- Results:** Results will be available in the press box at the conclusion of the meet. They will also be posted on baumspace.