

# **SMITHVILLE TRACK AND FIELD**

## **McCay Relays**



Dear Coach,

We are looking forward to the 67<sup>th</sup> Annual McCay Relays at Smithville High School on Saturday, April 8<sup>th</sup>, 2023. Included in this letter is important information about the organization of the meet.

The entry fee is \$150 for both teams. If you have not done so, please submit your entry fee as soon as possible.

There will be a Coaches' Meeting at 11:30 a.m. at the timing trailer at the finish line. Following the meeting, a coaches' hospitality area will be located on the 2<sup>nd</sup> floor of the press box.

Enclosed is the schedule for the day. Please note all field events will begin at 12:00 p.m. The running events will begin with the girls' 6400 M. Relay at 1:30 p.m. and follow a rolling time schedule after that. Calls will be made from the press box for all events. Please make sure your athletes are aware of the time schedule, give themselves plenty of time to warm up and arrive early enough to check in for their events. To be fair to competitors and coaches who are prepared, field events and running events will begin on time.

Again this year, entries will be submitted through Baum's Page. The entry window opens on Tuesday, April 4<sup>th</sup> at 12:00 p.m. and closes Thursday, April 6<sup>th</sup> at 10:00 p.m. The scratch window will be open until 10:00 a.m. on Friday, April 7<sup>th</sup>. Scratches or replacement of athletes can be done at the Coaches' Meeting.

The order of competition for the field events and the lane and section assignments for the running events will be randomly drawn and sent by Friday afternoon. We will score eight places. First place will receive medals and places 2 – 6 will receive ribbons.

Your three field event athletes should report to the individual running the event when they are called to sign-in. All field event athletes must wear legal uniforms but are not required to match like the running relay teams.

**Field Event Information:**

The starting height for girls' high jump will be 4'0 followed by 3" increments until 5'0 and then 1" after that. The starting height for boys' high jump will be 5'0 followed by 3" increments until 6'0 and then 1" after that. Chalk can be used to mark the starting point for the athlete's approach.

In the pole vault, only two competitors will be scored as a team. The starting height for the boys' pole vault is 9'0 followed by heights of 10'0, 10'6". It will then proceed by 6" increments. The starting height for the girls' pole vault is 6'6, followed by of 7'6. It will then proceed by 6" increments.

Long jump, discus and shot put will be conducted in flights due to the number of competitors. Each flight will have a warm-up period before competition. Long jumpers will have 4 jumps with no finals. Shot and disc will also throw 4 times with no finals. Throwers will throw 2 and 2.

If a field event competitor has to check out for another event, they must let the field event official know and are expected to return promptly at the conclusion of their participation in the other event. The field event officials will provide a reasonable amount of time for the athlete to recover, but it is helpful to know where the athlete is in order for that to happen. Participation in the vertical jumps will take precedence over participation in long jump or the throwing events.

**Other Meet Information:**

Only 1/8 or 1/4 inch pyramid spikes can be worn.

Please do not mark the track with tape or chalk. Tongue depressors or tennis balls may be used for relay exchanges.

Results will be posted on the window of the press box as well as updated on-line and can be accessed through a shared link.

Due to congestion at the finish line, please encourage athletes to clear out of the area quickly after their race has finished.

Admission for spectators is \$7.00 for adults and \$4.00 for students. A gate will be set up along the discus cage so spectators will not be able to walk into the throwing venue without paying for admission.

Admission for your athletes between the different venues is their uniform. Please let your athletes know their uniforms need to be visible if they plan to travel between the throwing events and the track area.

We look forward to hosting you and your team. If you have any questions, please feel free to contact us.

Sincerely,

Erik Dravenstott  
Assistant Track Coach/Meet Manager  
Smithville High School  
gren\_edravenstott@tccsa.net

Kirstie Mahas  
Head Track Coach  
Smithville High School  
gren\_mahas@tccsa.net

Geoffrey Zimmerly  
Athletic Director  
Smithville High School  
330/669-3165  
gren\_gzimmerly@tccsa.net