



**2019
Harvey Red Raider Relays**



Date: April 6, 2019

**Location: Jack Britt Memorial Stadium
301 Latimore Street
Painesville, Ohio 44077**

Cost: \$300 per school (\$150 per team)

- **Checks payable to: Harvey Athletics**
- **Mail payment to: Harvey High School
C/O Athletic Office
200 W. Walnut Street
Painesville, Ohio 44077**

Coaches meeting will be held at 8:45 am. We will begin competition immediately following the meeting.

All field events will begin at 9:00 am.

- **Shot Put (3 member team) - Boys first then Girls to follow (4 attempts)**
- **Discus (3 member team) - Girls first then Boys to follow (4 attempts)**
- **High Jump (3 member team)**
 - **Boys first then Girls to follow**
 - **Boys start at 5'0"**
 - **Girls start at 4'2"**
- **Long Jump (3 member team)**
 - **Girls open pit: 9:00 am - 10:15 am (4 attempts)**
 - **Boys open pit: 10:15 am - 11:30 am (4 attempts)**
- **Pole Vault (2 member team)**
 - **Boys open pit: 9:00 am - 10:15 am (Starts at 9'0")**
 - **Girls open pit: 10:15 am - 11:30 am (Start at 6'0")**

Running events will begin at 10:00 and continue on a rolling time schedule

- **Girls will always compete before the Boys**
 - Girls 4 x 100 Meter / Boys 4 x 110 Meter Shuttle Hurdles (Height at 30")
 - JV 1600 (Scored)
 - 4 x 200 Meter Relay
 - 4 x 800 Meter Relay
 - 4 x 100 Meter Relay
 - Distance Medley (400-800-1200-1600)
 - Sprint Medley (100-100-200-400)
 - 4 x 400 Meter Relay
 - 4 x 100 Weightmans Relay (Scored)

Meet program will be posted to Baumspage Friday night.... Any questions or comments please call Heidi at 440-409-1883 or email at hafyffe123@live.com

General Notes and Coaches Reminders:

- 1. Coaches and non-participating athletes will not be permitted inside the fenced area of the track during the running of the meet.**
- 2. Common shots, discus, and batons will be used during competition.**
- 3. All relay teams must report to the clerk of course by the second call.**
- 4. Lane assignments will be randomly selected.**
- 5. Awards and results of the meet may be picked up by the coaches in the press box at the conclusion of the meet. Results will also be posted on baumspage.com.**
- 6. Awards will be given to the top 3 places in each event.**
- 7. Trophies will be handed out to the top two teams in the meet on the track below the press box after scoring is complete.**
- 8. All track spikes must be 1/4 inch in length or less. This will be checked.**
- 9. Athletes' uniforms need to match for relay events.**
- 10. No tape on the track.**
- 11. Admission will be \$5.00 for adults and \$3.00 for students.**
- 12. Hospitality room will be provided for coaches and volunteers.**
- 13. Souvenir t-shirts will be available for purchase.**