

March 24, 2016

Dear Athletic Director & Track Coach:

Please find enclosed the information for the **2016 Springfield Invitational Track & Field Meet** to be held on Thursday, April 14th. Please make note of these starting times:

- Coaches Meeting in Teacher's Lounge – 4:00 PM
- Field Events and 3200 Relay – 4:30 PM
- All other running events – 5:00 PM

Please use BAUMSPAGE.com to enter rosters and view event details:

Please recall that the entrance fee is \$75/boys team and \$75/girls team; if both boys and girls teams attend the meet, a total fee of \$150 should be remitted. You may bring a check if the fee was not previously paid.

If you have any questions or concerns, please call me at your earliest convenience. I look forward to seeing you on April 14th.

Thank you in advance for your patience, participation and cooperation.

George Clark

Assistant Athletic Director

SHS: 419-867-5633 ext. 3465

Email: georgeclark@springfield-schools.org

Head Coach: Jim Howe

Email: jameshowe@springfield-schools.org

SPRINGFIELD TRACK & FIELD INVITATIONAL – THURSDAY, APRIL 14, 2016

TIME

4:00 PM	COACHES MEETING
4:30 PM	FIELD EVENTS START and 3200M RELAYS BEGIN
5:00 PM	OTHER RUNNING EVENTS BEGIN

TEAMS ENTERED: BOYS AND GIRLS

ANTHONY WAYNE	OTSEGO
BEDFORD	ROSSFORD
CENTRAL CATHOLIC	SPRINGFIELD
DELTA	WHITMER

ENTRIES PER RUNNING EVENT

- One entry per running event, (except 800, 1600, and 3200 – two entries allowed).

Field Events:

- Two entries per team in High Jump and Pole Vault; Three contestants per team in the Long Jump, Shot, and Discus-with total height or distance determining the winner.

FORMAT

1: The Boys' Shot, Girls Discus, Girls' Pole Vault, Boy's High Jump, and Girls & Boys' Long Jump will start at 4:30 PM. At the conclusion of the Girls' Pole Vault, the boys will have a brief time for warm-up then the competition will begin. At the conclusion of the Boys High Jump, the girls will have a brief time for warm-up then the competition will begin. Boys and Girls Long Jump will be open pit from 4:30-6:00 PM. Each contestant will have 4 tries.

2: The high jump (boys and girls) starting height will be determined at the coaches meeting and will be raised 6" for the second height. After that the bar will be raised at 2" intervals.

3: The Boys Pole Vault will start at 8'0" and will be moved to 9'0" on the second placement. It will then be raised at 6" intervals until it reaches 13'. The bar will then be raised at 3" intervals.

4: The Girls Pole Vault will start at 6'6" and be moved to 7'6 on the second placement, and then 6" until 9' is reached. The bar will then be raised at 3" intervals after 9'.

AWARDS

- 1: Trophies to 1st Place Teams
- 2: Medals to all 1st, 2nd, and 3rd Place Event Finishers

ENTRY FEE

The entry fee is \$75.00/girls team and \$75.00/boys team

(Please bring your fee with you if it has not been sent in advance).

TRACK

- All weather surface on track and all runways for Long Jump, Pole Vault, and High Jump.
- Shot and Disc Pads are asphalt
- Only short spikes will be allowed (1/4" or less).
- Please NO TAPE for marking

CONCESSIONS

- Area will be open during the entire meet. Pizza, candy, and beverages will be for sale.

DRESSING FACILITIES

- None Available

LANE ASSIGNMENTS

- See enclosed sheet

ENTRY FORMS / ROSTER

- Please use **BAUMSPAGE.COM**

ADMISSION

- Adults - \$5.00
- Students - \$5.00

COACHES' MEETING

- The coaches meetings will take place in the high school teacher's lounge at 4:00 PM for all changes.

QUESTIONS:

- Springfield H.S. Athletic Office: (419)867-5640
- Coach Howe: (419)280-3075