



Greg Lusk Co-Ed Relays

9500 Bainbridge Road
Chagrin Falls, Ohio 44023



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Thank you for accepting our invitation to participate in the KENSTON Greg Lusk CO-ED RELAYS this year. The meet will be held on Friday, April 9, 2021 at 4pm.

Entry Fee: \$150 per team, per gender (\$300 if entering boys and girls teams)
Payable to: Kenston Athletic Boosters
9500 Bainbridge Road
Chagrin Falls, OH 44023

Teams Entered:

Aurora,
Green,
Kenston,
Mayfield,
Orange,
Willoughby South,
Woodridge.

Awards: Co-Ed Champion and Runner-up Team Trophies

Medals will be given to athletes (relays) finishing in the Top 3

Scoring: 10-8-6-4-2-1

Results: Will be posted on Baumspage.com and we will be using the Hy-Tek Program. Results will be submitted to the News Herald and Plain Dealer. If you would like results submitted anywhere else, please provide the contact info to coach Chris Ickes.

Schedule:

Coaches Meeting at 3:45 pm

Field event relays (2 athletes per team) begin at 4 pm

Running event relays (4 athletes per team) begin at 4:30 pm

Order of Events:

(Girls first, then Boys)

4x1600

Shuttle Hurdles (100m girls, 110m boys)

4x100

4x800

4x200

Distance Medley (800-400-1200-1600)

Sprint Medley (100-100-200-400)

4x400

Opening Heights:

TENTATIVE: Will be confirmed during Coaches' Meeting

High Jump Girls: 4' 0", 4' 3", 4' 6", then up 2"

High Jump Boys: 5' 0", 5' 3", 5' 6", then up 2"

Pole Vault Girls: 6' 0", then up 6"

Pole Vault Boys: 8' 0", then up 6"

Online Entry: Entry at Baumspage.com. The entry window closes at 7 pm Thursday, April 8th . Additions may NOT be made after the entry window closes. Coaches packets will be available at the Press Box on the West side of the stadium. We will conduct a brief coaches' meeting at 3:45 pm.

PLEASE HELP: Buses are asked to please park on the Southwest side of the Tennis courts on the SW side of the stadium.

The concession stand will be open for your convenience. Restrooms will be available; however, locker room space is unavailable. There will be a hospitality room for coaches including food and beverage. Tickets will be available via a contact less payment app. More info on Baumspage on Thursday, April 8th.

Meet Records

Event	Record	Team	Year
Girls 4x1600 Meter Relay	22:19.93	Woodridge (Kiley, Willet, Dryer, Spreitzer)	2014
Boys 4x1600 Meter Relay	18:11.61	Twinsburg (Schank, Gogan, Andrews, Crichlow)	2014
Girls 4x100 Meter Shuttle Hurdles	01:04.26	Orange (Harris, Williams, Crawford, Kaplan)	2014
Boys 4x110 Meter Shuttle Hurdles	01:02.20	Orange (Johnson, Tate, Bivens, Dobson)	2005
Girls 4x100 Meter Relay	0.50.00	Midpark (Pasela, Shymske, Lobas, Barber)	2009
Boys 4x100 Meter Relay	00:43.40	Orange (Carter, Kaufman, Harris, Flynn)	2013
Girls 4x800 Meter Relay	09:55.20	CVCA (Myers, Pasicznyk, Blair, Bockoven)	2013
Boys 4x800 Meter Relay	08:08.40	Woodridge (Sivakumaran, Cochrun, Charles, Onifer)	2011
Girls 4x200 Meter Relay	01:45.80	Midpark (Pasela, Shymske, Lobas, Barber)	2009
Boys 4x200 Meter Relay	01:31.10	Twinsburg (Masley, Gadis, Williams, Horne)	2003
Girls Distance Medley	13:02.00	Woodridge (Moeller, Moore, Willis, Karas)	2010
Boys Distance Medley	10:38.00	CVCA (LeBay, Carroscia, Bockoven, Adams)	2014
Girls Sprint Medley	01:54.29	NDCL (DiFranco, Fox, Troutman, Stewart)	2014
Boys Sprint Medley	01:35.50	West Geauga (Rickettson, Thorton, Spivey, Cloud)	1999
Girls 4x400 Meter Relay	04:01.90	Midpark (Pasela, Bourcier, Lobas, Barber)	2009
Boys 4x400 Meter Relay	03:26.40	Twinsburg (Horne, Mosley, Horne, Gadis)	2003
Girls High Jump Relay	10 ft 5 inch	Aurora (Baker, McClung)	2011
Boys High Jump Relay	12 ft 7 inch	Twinsburg (Jones, Williams)	2003
Girls Pole Vault Relay	19 ft 6 inch	Midpark (Rossi , Lasorella)	2005
Boys Pole Vault Relay	26 ft even	West Geauga (Nau, Nicholson)	1998
Girls Long Jump Relay	32 ft 9.5 inch	CVCA (Young, Hess)	2013
Boys Long Jump Relay	41 ft 10.25 inch	Orange (Carter, Redus)	2013
Girls Shot Put Relay	74 ft 1.5 inch	Lake Catholic (Taraksa, Willis)	2008
Boys Shot Put Relay	100 ft 0.75 inch	Berkshire (Zapp, Taylor)	2000
Girls Discus Relay	234 ft 1 inch	Twinsburg (Keenen, Dunn)	2015
Boys. Discus Relay	332 ft 9 inch	Berkshire (Taylor, Zapp)	2000