

KMAC Meet info 5/10/22

Shot, Disc, Long Jump- 4 throws/jumps no finals

Two flights per event. Long jump is open pit boys then girls

PV Starting height (Pole vault will be contested together boys and girls)

Boys- 8' 0" then 6" increments

Girls- 6' 0" then 6" increments

HJ Starting Height (Girls first)

Boy- 5' 0" then 2" increments

Girls- 4' 0" then 2" increments

Send scratches to FAB timing by 10:00 the morning of the meet.

fabtiming@gmail.com