

# KNOX MORROW ATHLETIC CONFERENCE CHAMPIONSHIPS

Fredericktown High School

Tuesday, May 10<sup>th</sup> 2022

## **Field event finals**

**4:30** BOYS DISCUS followed by GIRLS DISCUS

GIRLS POLE VAULT followed by BOYS POLE VAULT

GIRLS SHOT PUT followed by BOYS SHOT PUT

BOYS LONG JUMP followed by GIRLS LONG JUMP

GIRLS HIGH JUMP followed by BOYS HIGH JUMP

## **5:40 NATIONAL ANTHEM**

PRESENTATION OF CHAMPIONSHIP PLAQUES WILL BE AFTER THE 4X4

EACH EVENT WILL FOLLOW WITHOUT DELAY

## **Running finals:**

5:45 GIRLS 4 X 800 RELAY - FINAL

BOYS 4 X 800 RELAY - FINAL

GIRLS 100 METER HURDLES

BOYS 110 METER HURDLES

GIRLS 100 METER DASH

BOYS 100 METER DASH

GIRLS 4 X 200 METER RELAY

BOYS 4 X 200 METER RELAY

GIRLS 1600 METER RUN

BOYS 1600 METER RUN

GIRLS 4 X 100 METER RELAY

BOYS 4 X 100 METER RELAY

GIRLS 400 METER DASH

BOYS 400 METER DASH

GIRLS 300 METER HURDLES

BOYS 300 METER HURDLES

GIRLS 800 METER RUN

BOYS 800 METER RUN

GIRLS 200 METER DASH

BOYS 200 METER DASH

GIRLS 3200 METER RUN

BOYS 3200 METER RUN

GIRLS 4 X 400 METER RELAY

BOYS 4 X 400 METER RELAY