

LEL CHAMPIONSHIP TRACK MEET 2013

GENERAL INFORMATION

- ADMISSION:** Adults \$6.00
Students \$4.00
- ARRIVAL TIME:** Please do not arrive at Bedford High School before 1:00pm
- BUS PARKING:** North parking lot in front of stadium or has directed by parking lot personnel
- COACH'S PACKETS:** Pick up your packet containing relay cards and program at Gate A
- SPIKES:** 1/4" spikes only
- SCORING:** 8 places, 10-8-6-5-4-3-2-1
- IMPLEMENTS:** Shots and discs will be provided, however, if you wish to use your own implement it must be weighed and certified by the head field event referee and placed in the common pool of implements for use by anyone competing.
- ENTRIES:** Open Events: 2 athletes per team
Relays: 1 team per school
- Entries will be made online at www.baumspage.com .
- Only changes allowed at the meet will be in the case of injury, the athlete replaced cannot compete in any other events.
- SUBSTITUTIONS:** Substitutions can be made on line up until noon the day of the event. As agreed upon by the coaches, no substitutions will be permitted at the meet.
- STARTING HEIGHTS:** Girl's High Jump – 4'6"
Boy's High Jump – 5'4"
Girl's Pole Vault – 6'
Boy's Pole Vault – 8'6"

Please revise;

- QUALIFIERS:** Top 2 finishers and the next 4 fastest times advance to Finals in:
- Boys and Girls High Hurdles
 - Boys and Girls 100
 - Boys and Girls 200