

Lake Erie League Championships
Bedford High School
Wednesday, May 8, 2019

- 3:00 pm Men's Pole Vault (Women follow at completion)
Men's Long Jump (Women follow at completion)
 Open Pit: Men, 3:00 - 4:00; Women, 4:30 – 5:30
Women's High Jump (Men follow at completion)
Men's Shot Put (When both shot and disc conclude, genders will switch
events)
Women's Discus
- 3:15 pm Coaches meeting (if necessary)
- 3:30 pm Women's 4x800 Relay
Men's 4x800 Relay
Women's 100m Hurdles*
Men's 110m Hurdles*
Women's 100m Dash*
Men's 100m Dash*
Women's 4x200 Relay
Men's 4x200 Relay
Women's 1600m Run
Men's 1600m Run
Women's 4x100 Relay
Men's 4x100 Relay
Women's 400m Dash*
Men's 400m Dash*
Women's 300m Hurdles*
Men's 300m Hurdles*
Women's 800m Run
Men's 800m Run
Women's 200m Dash*
Men's 200m Dash*
Women's 3200m Run
Men's 3200m Run
Women's 4x400 Relay
Men's 4x400 Relay

* These events will have more than one heat. Heats will be seeded based on entry times and entry times will be verified based on ohmilesplit.com. The faster heat will be run last.