

LAKESIDE ICEBREAKER INVITATIONAL
MEET SCHEDULE

10am Field events start
Girls Long Jump followed by Boys Long Jump
Girls Shot Put followed by Boys Shot Put
Girls Pole Vault followed by Boys Pole Vault
Boys Discus followed by Girls Discus
Boys High Jump followed by Girls High Jump

11am Running Prelims
Girls 100 Hurdles Prelims
Boys 100 Hurdles Prelims
Girls 100 Dash Prelims
Boys 100 Dash Prelims

Girls 4x800 Relay FINAL
Boys 4x800 Relay FINAL

Girls 200 Dash Prelims
Boys 200 Dash Prelims

15 MINUTE BREAK

Running Finals
Girls 100 Hurdles
Boys 110 Hurdles
Girls 100 Dash
Boys 100 Dash
Girls 4x200 Relay
Boys 4x200 Relay
Girls 1,600 Run
Boys 1,600 Run
Girls 4x100 Relay
Boys 4x100 Relay
Girls 400 Dash
Boys 400 Dash
Girls 300 Hurdles
Boys 300 Hurdles
Girls 800 Run
Boys 800 Run
Girls 200 Dash
Boys 200 Dash
Girls 3,200 Run
Boys 3,200 Run
Girls 4x400 Relay
Boys 4x400 Relay