

# LAKOTA TRACK INVITATIONAL 2021

## ORDER OF EVENTS

Time	Event #	Field Events
9:00	27	<b>Girls Pole Vault</b> (Starting at 6'0", 6'6", 7'0", 7'6", 8'0", 8'6", 9'0", 9'6", 10'0", 10'6", etc.)
	29	<b>Girls Shot Put</b> (4 flights, 4 throws, no final)
	31	<b>Girls Long Jump</b> (Open pit, 4 jumps, no final)
	34	<b>Boys High Jump</b> (5 alive, starting at 5'4", 5'6", 5'8", 5'10", 6'0", 6'1", etc.)
	36	<b>Boys Discus</b> (4 flights, 4 throws, no final)
11:00	28	<b>Boys Pole Vault</b> (Starting at 9'0", 9'6", 10'0", 10'6", 11'0", 11'6", 12'0", 12'6", etc.)
	30	<b>Boys Shot Put</b> (4 flights, 4 throws, no final)
	32	<b>Boys Long Jump</b> (Open pit, 4 jumps, no final)
	33	<b>Girls High Jump</b> (5 alive, starting at 4'4", 4'6", 4'8", 4'10", 5'0", 5'1", etc.)
	35	<b>Girls Discus</b> (4 flights, 4 throws, no final)

Time	Event #	Running Events
10:00	1	<b>Girls 100m High Hurdle Semi-finals</b> (4 heats, 8 fastest times to final) (33" x 10)
10:20	2	<b>Boys 110m High Hurdle Semi-finals</b> (4 heats, 8 fastest times to final) (39" x 10)
10:40	3	<b>Girls 100m Dash Semi-finals</b> (5 heats, 8 fastest times to final)
10:50	4	<b>Boys 100m Dash Semi-finals</b> (5 heats, 8 fastest times to final)
11:20	5	<b>Girls 4 x 800m Relay Final</b> (1 heat)
11:35	6	<b>Boys 4 x 800m Relay Final</b> (1heat)
11:20	7	<b>Girls 200m Dash Semi-finals</b> (5 heats, 8 fastest times to final)
11:30	8	<b>Boys 200m Dash Semi-finals</b> (5 heats, 8 fastest times to final)
11:40	1	<b>Girls 100m High Hurdle Final</b> (33" x 10)
11:45	2	<b>Boys 110m High Hurdle Final</b> (39" x 10)
11:50	9	<b>Girls 4 x 100m Shuttle Hurdle Relay Finals</b> (3 heats) (30" x 10)
12:05	10	<b>Boys 4 x 110m Shuttle Hurdle Relay Finals</b> (4 heats) (30" x 10)
12:20	3	<b>Girls 100 m Dash Final</b>
12:25	4	<b>Boys 100 m Dash Final</b>
12:30	11	<b>Girls 4 x 200m Relay Finals</b> (2 heats)
12:40	12	<b>Boys 4 x 200m Relay Finals</b> (3 heats)
12:50	13	<b>Girls 1600 m Run Finals</b> (2 heats)
1:00	14	<b>Boys 1600 m Run Finals</b> (2 heats)
1:10	15	<b>Girls 4 x 100m Relay Finals</b> (2 heats)
1:20	16	<b>Boys 4 x 100m Relay Finals</b> (2 heats)
1:30	19	<b>Girls 400m Dash Finals</b> (4 heats)
1:40	20	<b>Boys 400m Dash Finals</b> (5 heats)
2:00	21	<b>Girls 300m Low Hurdle Finals</b> (30" x 8) (4 heats)
2:15	22	<b>Boys 300m Intermediate Hurdle Finals</b> (36" x 8) (4 heats)
2:30	23	<b>Girls 800m Dash Finals</b> (2 heats)
2:40	24	<b>Boys 800m Dash Finals</b> (2 heats)
2:50	7	<b>Girls 200m Dash Final</b>
2:55	8	<b>Boys 200m Dash Final</b>
3:00	23	<b>Girls 3200m Run Final</b> (1 heat)
3:20	24	<b>Boys 3200m Run Final</b> (1 heat)
3:40	25	<b>Girls 4 x 400m Relay Finals</b> (2 heats)
3:55	26	<b>Boys 4 x 400m Relay Finals</b> (2 heats)

**NOTE:** The above race times will be moved up if we are running ahead of schedule. Field events will be held at the specific time listed. The # of heats may vary from above if less athletes sign up. Meet day program will be correct.