

45th Lexington Invitational

Time Schedule

- 9:30 AM Coaches Meeting (above concession stand) Starting heights to be determined
- 10:00 AM Pole Vault - Girls first, Boy's to follow
Long Jump - Open pit for boys til 11:30. Top 9 straight to the finals Girls to follow
High Jump – Girls first, Boys to follow
Shot Put - Boys first- 3 throws - 4 flights - Top 9 straight to the finals.
Discus - Girls first-3 throws - 4 flights - Top 9 straight to the finals.
- 10:15 AM **Distance Relay Finals**
Girls 4x800 Relay 1 Final
Boys 4x1600 Relay 1 Final
- Semis Start** (Winner plus the next 4 fastest times advance to the final)
Girls 100 Meters Dash
Boys 100 Meters Dash
Girls 100 Meters Hurdles
Boys 110 Meters Hurdles
Girls 200 Meters Dash
Boys 200 Meters Dash
- 12:45 PM **Finals Start**
Girls 100 Meters Hurdles
Boys 110 Meters Hurdles
Girls 100 Meters Dash
Boys 100 Meters Dash
Girls 4x200 Relay (3 Sections)
Boys 4x200 Relay (3 Sections)
Girls 1600 Meters Run (2-3 Sections)
Boys 1600 Meters Run (2-3 Sections)
Girls 4x100 Relay (3 Sections)
Boys 4x100 Relay (3 Sections)
Girls 400 Meters Dash (5 Sections)
Boys 400 Meters Dash (5 Sections)
Girls 300 Meters Hurdles (5 Sections)
Boys 300 Meters Hurdles (5 Sections)
Girls 800 Meters Run (2-3 Sections)
Boys 800 Meters Run (2-3 Sections)
Girls 200 Meters Dash (1 Final)
Boys 200 Meters Dash (1 Final)
Girls 4x100 Meters Shuttle (30'') (4 Sections)
Boys 4x110 Meters Shuttle (36'') (4 Sections)
Girls 3200 Meters Run (1-2 Sections)
Boys 3200 Meters Run (1-2 Sections)
Girls 4x400 Relay (3 Sections)
Boys 4x400 Relay (3 Sections)