

Liberty-Benton Invitational Track Meet

Saturday, April 30th, 2016

1. Entries are due by 6pm on Friday 4/29. Scratches and replacements must be communicated to me as soon as you arrive Saturday morning. Please try to limit these to emergencies.
2. Coach's packets may be picked up Saturday morning upon arrival at the ticket booth.
3. All shot put and discus implements will be weighed in at the weight room facility (Northeast corner of the stadium)
4. Ohio High School Athletic Association Track and Field rules will govern this meet.
5. Starting blocks will not be furnished and we ask that athletes wear 1/8" spikes. **No chalk is permitted to be used as marks** on any all-weather surface. All coaches are reminded to bring batons for relays.
6. All entries and results will be done using Baumspage. If you have emergency replacements on the day of the meet please find Nate Irwin when you arrive to make any changes. Please limit these last minute replacements to emergencies. Scratches can happen at any time.
7. Scoring will be on a 10-8-6-5-4-3-2-1 basis.
8. Plaques will be awarded for the first 3 places in each event and ribbons for places 4-8. 1st and 2nd place teams and combined boys and girls score will receive trophies. A plaque will be awarded to the Outstanding Male and Female performer.
9. Starting heights will be decided after checking the entries for the high jump and pole vault.
10. The admission charge will be \$6 for Adults and \$4 for Students. Coaches that arrive when the team arrives will be admitted for free.
11. Each contestant is responsible for reporting on time for their events. When first call is made for the event, competitors should report to the clerk in the bullpen. (Southwest corner of the track)
12. Spikes will not be permitted in the stadium seating area or restrooms. Please share this with your team.
13. Food will be sold in the concession stand throughout the day.
14. 2016 LB Invitational T-Shirts will available to buy.
15. Teams: Arlington, Bluffton, Carey, Columbus Grove, Cory Rawson, Delphos Jefferson, Hardin Northern, Leipsic, Liberty-Benton, McComb, Old Fort, Otsego, Ottawa-Glandorf, Pandora-Gilboa, Van Buren, Vanlue, Waynesfield Goshen.
16. Entry fee is \$150.00

Any questions can be directed to Liberty-Benton Athletic Director & Meet Manager Nate Irwin

Contact: nirwin@liberty-benton.org or Cell: 419-615-7920

Liberty-Benton Track and Field Invitational

Saturday, April 30th, 2016

Field Events – 9:00am

- High Jump (Girls)
- Discus (Boys) – Top 9 Advance to finals for 3 more throws.
- Long Jump (Boys) – Open Pit 9:00am-10:30am – 4 Jumps as Finals
- Shot Put (Girls) – Top 9 Advance to finals for 3 more throws.
- Pole Vault (Boys)

Following the Completion of the Above Field Events

- High Jump (Boys)
- Discus (Girls) – Top 9 Advance to finals for 3 more throws.
- Long Jump (Girls) – Open Pit – 11:00am-12:30pm – 4 Jumps as Finals
- Shot Put (Boys) – Top 9 Advance to finals for 3 more throws.
- Pole Vault (Girls)

Running Events –

Semi-Finals: 10:00am

- Girls 100M Hurdles
- Boys 110M Hurdles
- Girls 100M Dash
- Boys 100M Dash
- Girls 3200M Relay - Finals
- Boys 3200M Relay - Finals
- Girls 200M Dash
- Boys 200M Dash

Advancing to Finals: 3 Heats = Top 2 in each Heat plus next 2 times advance
 4 Heats = Top 1 in each Heat plus next 4 times advance
 5 Heats = Top 1 in each Heat plus next 3 times advance

Finals: 12:30pm

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| 1. Girls 100M Hurdles | 9. Girls 400M Relay | 17. Girls 200M Dash |
| 2. Boys 110M Hurdles | 10. Boys 400M Relay | 18. Boys 200M Dash |
| 3. Girls 100M Dash | 11. Girls 400M Dash | 19. Girls 3200M Run |
| 4. Boys 100M Dash | 12. Boys 400M Dash | 20. Boys 3200M Run |
| 5. Girls 800M Relay | 13. Girls 300M Hurdles | 21. Girls 1600M Relay |
| 6. Boys 800M Relay | 14. Boys 300M Hurdles | 22. Boys 1600M Relay |
| 7. Girls 1600M Run – 2 Heats if needed | 15. Girls 800M Run – 2 Heats if needed | |
| 8. Boys 1600M Run – 2 Heats if needed | 16. Boys 800M Run – 2 Heats if needed | |